

SPRING TIME FUN

Performers, Speakers & Artists

Coastal Strings

Join us in the Forum for a lovely trio performance by Coastal Strings! They will be performing a variety of music and this group is led by John Tabler! Enjoy a fun afternoon of tunes in the Forum on April 3rd at 3:30!

Educational Lecture Series: Singing Mail Man

After high demand, Dick Lefebvre has scheduled Don the Singing Mail Man to come to Carolina Bay to perform for our residents! Join us in the Forum on April 4th at 3:00 for this performance!

Julie Rhedar

Julie will be joining us for our memorial service on April 11th at 3:00 in the Forum to recognize and remember our dear friends who have passed. Following this event will be a reception in the lobby and a moment in the memorial garden to remember our loved ones.

Susan Savia

Join us in the Courtyard to welcome spring and enjoy some lovely music! Our Spring Social will be so much fun! Wear your florals, pastels and fun hats! This garden party will be something that you do not want to miss! Meet in the Courtyard on April 10th at 3:00! (Weather permitting-Light House Market will be our back up plan)

Moe McKenna

Moe will be back for her monthly acrylic art class! This class is open to all and is so much fun! Moe teaches this painting class step-by-step! Even if you have never painted before, she makes this class easy to follow and fun to be apart of! Sign-up is required to participate in this class so make sure you do so for Moe's class on April 14th at 10:30 in the Art Studio!

Scotti Stringz

Our favorite player is back yet again for our wonderful All Resident Happy Hour and Birthday Social on April 17th at 3:30 in the Light House! All residents are invited to celebrate with us to enjoy some lovely appetizers and delicious beverages!

Jazz Duo

Welcoming back this lovely jazz duo who play the saxophone and guitar! We are looking forward to a lovely afternoon with smooth jazz and hanging out with our neighbors! Come to the Forum on April 25th at 2:30!



APRIL 2025



Your lifestyle calendar designed by INSPIRE

Intellectual, Nutritional, Spiritual, Physical, Inclusive, Recreational, Educational

This Month In Life Enrichment:

Fun Events:

Make A Difference Monday, CB Critics: Wine, Cheese & Chocolate Tasting, Wii Sports Games, Puppy Yoga, Easter Egg Hunt!

Social Events:

All Resident Happy Hour & Birthday Social, Spring Social, Breakfast Club, Latte Fun, Open Card Play, Courtyard Games!

Educational Events:

In The Lab W Lil, The Great Course, Carolina Bay Men's Lifetime Learning Class, Team Table Trivia!

Musical Acts:

Coastal Strings, Singing Mail Man, Julie Rhedar, Scotti Stringz, Susan Savia, Jazz Duo!

Resident Led Events:

Farkle, Bingo, Book Club, Free Art, Party Bridge, Duplicate Bridge, Bible Study with Bob Perry, Mahjong, Vespers, Hand & Foot, Knitting Club, Chess Club, Ping Pong Club, Floor Happy Hours!

Outings:

Lunch at Dockside & Ice Cream, Thaliam Hall: Mary Poppins, Airlie Gardens & Lunch, UNCW Tour With Taylor and Gretchen and McAlisters, Jungle Rapids: Putt Putt, Fort Fisher & Lunch!

This Month In Wellness:

Courtyard Games

Meet us in the courtyard on Mondays (7th, 14th, and 28th) at 3pm to enjoy the beautiful spring weather with some cornhole, bocce, shuffleboard, and putting!

Easter Egg Hunt

On Monday, April 21st, we will meet in the Lobby at 3pm to head outside for a springtime scavenger egg hunt! Join us for some refreshing time in nature, and a fun competition with your neighbors!


Puppy Yoga

You'll find us in the Wellness Studio on the 28th at 3:30 for another wonderful Puppy Yoga class! Please sign up in the Life Enrichment binder! These puppies are so fun and adorable and we absolutely encourage interaction and giggles with the puppies. We do ask, for those who sign up to come, please be respectful of our Yoga instructor and keep unrelated conversations to a minimum, so all participants can enjoy the class. Light stretching and yoga required!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Color Code:
Magenta Activities With Life Enrichment
Orange: Performers, Speakers and Artists
Black: Resident Led Activities
Red: Committee Meetings
Blue: Outings
Green: Shopping Trips

		NO RSVT 10:00 Latte Fun/ CR 1 10:30 Billiards Club/BL 11:00 The Great Course/CR 11:00 Lunch at Dockside & Ice Cream/LS 1:00 Mahjong/CR 1:30 Hand & Foot/BL 3:30 Team Table Trivia/AS 4:30 1st Floor Happy Hour	8:30-3:00 RSVT/ L 2 9:30 Meditation/ WS 10:00 Open Card Play/ CR 11:00 Farkle/ AS 11:30 WUMC Luncheon/PDR 1:30 Duplicate Bridge/CR 2:00 Movie: Wicked/F 3:00 CB Critics: Wine, Cheese & Chocolate/AS 4:30 2nd Floor Happy Hour	8:30-3:00 RSVT/ L 3 10:00 Audiology of Wilmington/ BL 10:30 Billiards Club/BL 2:00 RSVT-Harris Teeter/L 2:00 Line Dance/WS 3:30 Coastal Strings Quartet with John Tabler/F 6:30 Thalian Hall Mary Poppins/L 7:30 Pool Party with Ann	8:30-3:00 RSVT/ L 4 10:00 Breakfast Club/AS 4 11:00 Farkle/ AS 11:30 POUND IT/WS 1:30 Bible Study w Bob/CH 1:30 CB Crafty Chicks/AS 2:00 Environmental Co/BL 3:00 Educational Lecture Series: Singing Mailman/F 4:00 Ping Pong/WS 7:00 Party Bridge/CR	2:00 Pinochle & Rummikub/CR 5
2:00 Mexican Train 6	8:30-3:00 RSVT/ L 7 11:00 Mens LL Class/CR 10:30 Make A Difference Monday: Diaper Wrap/AS 2:00 RSVT- LIDL/L 3:00 Baywatch CO/AS 3:00 Beer Tasting/ PUB 4:00 Ping Pong/WS 4:30 3rd Floor Happy Hour	NO RSVT 10:00 Latte Fun/CR 8 10:30 Billiards Club/BL 10:30 Airlie Gardens & Lunch/LS 11:00 The Great Course/CR 1:00 Mahjong/CR 1:30 Hand & Foot/BL 3:00 M&O Co/BL 4:30 1st Floor Happy Hour	8:30-3:00 RSVT/ L 9 9:30 Meditation/WS 10:00 Open Card Play/CR 11:00 Farkle/AS 1:30 Duplicate Bridge/CR 2:00 Dining Committee/ Pub 2:00 Movie: It Ends With Us/F 2:00 In The Lab with Lil/AS 4:30 2nd Floor Happy Hour	8:30-3:00 RSVT/ L 10 10:00 Balanced Brains/AS 10:30 Billiards Club/BL 11:00 Open Art Studio/AS 11:00 Finance/BL 2:00 RSVT-Harris Teeter/L 2:00 Line Dance/WS 3:00 Spring Social/CY 4:00 Vespers/ CH 7:30 Pool Party With Ann	8:30-3:00 RSVT/ L 11 10:00 Breakfast Club/AS 11 11:00 Farkle/ AS 11:30 POUND IT/WS 1:30 Bible Study w Bob/CH 1:30 CB Crafty Chicks/AS 3:00 Memorial Service / F 4:00 Ping Pong/WS 7:00 Party Bridge/CR	2:00 Pinochle & Rummikub/CR 12
2:00 Mexican Train 13	8:30-3:00 RSVT/ L 14 10:30 Moe Acrylic Painting Class/AS 11:00 Mens LL Class/ CR 2:00 RSVT- Food Lion /L 2:00 \$1 Bingo/AS 2:00 Wellness CO/WS 3:00 Life Enrichment CO/AS 3:00 Courtyard Games/CY 4:00 Ping Pong/WS 4:30 3rd Floor Happy Hour	NO RSVT 10:00 Latte Fun/CR 15 10:30 Billiards Club/BL 11:00 UNCW Tour with Gretchen & Taylor and McAlisters/LS 11:00 The Great Course/CR 1:00 Mahjong/CR 1:30 Hand & Foot/BL 4:30 1st Floor Happy Hour	8:30-3:00 RSVT/ L 16 9:30 Meditation/ WS 10:00 Open Card Play/CR 11:00 Farkle/ AS 1:30 Duplicate Bridge/CR 2:00 Movie: Everest/F 3:00 Wii Sports Games/CR 4:30 2nd Floor Happy Hour	8:30-3:00 RSVT/ L 17 10:00 Balanced Brains/AS 10:30 Billiards Club/BL 11:00 Open Art Studio/ AS 2:00 RSVT-Harris Teeter/L 2:00 Line Dance/WS 3:00 GB2 CO/BL 3:30 All Resident Happy Hour/LH 7:30 Pool Party with Ann	8:30-3:00 RSVT/ L 18 10:00 Breakfast Club/AS 18 10:45 Floor Rep Exchange 11:00 Council Meeting/CR 11:00 Farkle/AS 11:30 POUND IT/WS 1:30 Bible Study w Bob/CH 1:30 CB Crafty Chicks AS 3:00 Resident Council Mtg/F 4:00 Ping Pong/WS 7:00 Party Bridge/CR	2:00 Pinochle & Rummikub/CR 19
 2:00 Mexican Train 20	8:30-3:00 RSVT/ L 21 10:30 Make A Difference Monday: Snack Packs/AS 11:00 Mens LL Class/ CR 2:00 RSVT- Food Lion /L 2:00 \$1 Bingo/AS 3:00 Easter Egg Hunt/L 4:00 Ping Pong/WS 4:30 3rd Floor Happy Hour	NO RSVT 10:00 Latte Fun/CR 22 11:00 The Great Course/CR 10:30 Billiards Club/BL 11:00 CORE/L 11:00 Lunch & Jungle Rapids: Putt Putt/LS 1:00 Mahjong/CR 1:30 Hand & Foot/BL 3:30 Team Table Trivia/AS 4:30 1st Floor Happy Hour	8:30-3:00 RSVT/ L 23 10:00 Open Card Play 23 11:00 Farkle/ AS 1:30 Duplicate Bridge/CR 2:00 Movie: I Care A Lot/F 2:00 In The Lab With Lil/AS 4:30 2nd Floor Happy Hour	8:30-3:00 RSVT/ L 24 10:00 Balanced Brains 24 10:30 Billiards Club/BL 11:00 Open Art Studio/ AS 2:00 RSVT-Harris Teeter/L 2:00 Line Dance/WS 4:00 Vespers/CH 7:30 Pool Party With Ann	8:30-3:00 RSVT/ L 25 10:00 Breakfast Club/AS 25 11:00 Farkle/AS 11:30 POUND IT/WS 1:30 Bible Study w Bob/CH 1:30 CB Crafty Chicks/AS 2:30 Jazz Duo/F 4:00 Ping Pong/WS 7:00 Party Bridge/CR	2:00 Pinochle & Rummikub/CR 26
2:00 Mexican Train 27 4:00 GB2 (By Reservation Only)/F	8:30-3:00 RSVT/ L 28 10:00 Clothing Donation Assistance League/F 11:00 Mens LL Class/ CR 2:00 RSVT- Walmart /L 2:00 \$1 Bingo/AS 3:00 Courtyard Games/CY 4:00 Ping Pong/WS 4:30 3rd Floor Happy Hour	NO RSVT 10:00 Latte Fun/CR 29 10:30 Billiards Club/BL 10:30 Fort Fisher & Lunch/LS 11:00 The Great Course/CR 1:00 Mahjong/CR 1:30 Hand & Foot/BL 3:30 Puppy Yoga/WS 4:30 1st Floor Happy Hour	8:30-3:00 RSVT/ L 30 9:30 Mediation/ WS 30 10:00 Open Card Play/CR 11:00 Farkle/ AS 1:30 Duplicate Bridge/CR 2:00 Movie: Barbie/F 2:30 Teaching Kitchen/Grille 4:30 2nd Floor Happy Hour			