



Marvelous March

Performers , Speakers, Artists & Chefs This Month

Shades Of Gray

This Doo-Wop group of five men will be performing for us for the first time on March 1st at 3:00 in the Forum. After discovering that they had a mutual love for music, and from what started out as a hobby singing oldies, developed into a vocal group specializing in Doo Wop harmony and entertaining audiences. The group members are Tom Bertelsen, Joe DiBartolo, Rich Gallo, Phil Godshall, and Chet Kuligowski. Join us to start off the month on a musical note!

Scotti Stringz

Scotti will not only be playing once this month, but he will be playing TWICE!! Get excited because our favorite performer will be with us to celebrate our Liberty Games Happy Hour & our All Resident Happy Hour. Scotti will be with us to celebrate at our Liberty Games Happy Hour on March 5th from 4:00-6:00— we will be hosting ten other Liberty Communities so we will have a packed house— you won't want to miss this event, join us in the Courtyard to hear him sing! Along with Liberty Games Happy Hour, Scotti will be performing per usual at our All Resident Happy Hour and Birthday Celebration!! Join us in the Light House at 3:30 on Thursday, March 21st for this event.

Moe McKenna

Moe is a talented artist and teacher! She teaches two classes a month and will now be teaching a beginner to intermediate level acrylic painting class and an intermediate to advanced painting class. Moe teaches step-by-step instruction and provides all materials! The beginner class is perfect for those just starting or want to continue working on their artistic skills! The intermediate/advanced class is perfect for those who want a little extra challenge in terms of their artistic abilities. Sign up in the activity's binder for her classes-she will be leading the beginner class on Monday, March 4th at 10:30 and her intermediate/advanced class on Monday, March 18th at 10:30.

Jazz Reflections

Jazz Reflections music is designed to captivate audiences and create a relaxing and enjoyable atmosphere for everyone. This band can play something for everyone and they are known for having the ability to get people on the dance floor! Come to the Forum on March 29th at 3:00 to enjoy this performance!

Chef Jesse

Chef Jesse will be holding his chefs table on Wednesdays at 12:30 in the Light House! He will also be leading another fun Teaching Kitchen where we will make Homemade Cinnamon Rolls! Sign up in the activities binder to join us for this fun teaching kitchen on March 28th at 2:30 in the Grille!



MARCH 2024

630 CAROLINA BAY DR.
WILMINGTON, NC 28403



Your lifestyle calendar designed around the 6 aspects of wellness:
Purposeful, Spiritual, Physical, Social, Emotional, Intellectual

This Month In Life Enrichment...

Art Classes:

Friendship Bracelets, Edible Easter Craft, Moe McKenna Art Class and Watercolor or Acrylic class on Thursdays at 11:00!

Social Events:

The Breakfast Club, Courtyard Games, Liberty Games Happy Hour, St. Pattys Leprechaun Return Celebration, All Resident Happy Hour and Birthday Celebration!

Educational Events:

Brain Games, In The Lab With Lil, The Great Course, Beginner French Class, Carolina Bay Men's Lifetime Learning Class, Team Table Trivia, Teaching Kitchen!

Musical Events:

Shades of Gray, Scotti Stringz at the Liberty Games Happy Hour & All Resident Happy Hour, Lynn O'Connel Ukulele Lessons, Jazz Reflections!

Resident Led Events:

Farkle, Bingo, Book Club, Free Art, Party Bridge, Duplicate Bridge, Bible Study with Bob Perry, Mahjong, Knitting Club, Ping Pong Club!

Outings:

Wilson Center- NC Symphony: Rhapsody In Blue, Wilson Center- Wilmington Symphony: Masquerade, Jack Mills City Tour & Railroad Museum.

This Month In Wellness...

Liberty Games March 5th-7th

The highly anticipated Liberty Games are finally here! On Tuesday the 5th we will be having a social from 4:00-6:00 to welcome competitors from other communities. Then the games will take place on Wednesday the 6th and Thursday the 7th! Make sure to wear your Olympics attire and support our competitors!

(we will not have regular programming from 5th-8th to accommodate for Liberty Games)

Blood Drive March 11th

We will be ending our Heart Health festivities with a Red Cross Blood Drive from 10am-2pm on Monday, March 11th. We will have a representative from the American Heart Association with providing heart health information. We will also continue collecting donations for the American Red Cross, drop donations off at the Life Enrichment Office. We will also have the opportunity for individuals to have their blood pressure checked! We hope you can stop by!

MARCH 2024

Color Code:

Magenta: Activities With Life Enrichment

Orange: Performers, Speakers and Artists

Black: Resident Led Activities

Red: Committee Meetings

Blue: Outings

Green: Shopping Trips

All Movies Will Be Held At 2:00 In The Forum

8:30-3:00 RSVT/L

10:00 Breakfast Club/AS

11:00 Farkle/ AS

11:30 POUND IT/WS

1:15 Netflix Show/CR

1:30 Bible Study w Bob/CH

1:30 Knitting Club/AS

2:00 Environmental Co/BL

3:00 Shades Of Gray/F

4:00 Ping Pong/WS

7:00 Party Bridge/CR

1

2

2:00 Pinochle & Rummikub/CR

2:00 Chess Club/PDR

3

8:30-3:00 RSVT/L

10:30 Beginner Moe Mckenna Acrylic Painting Class/AS

11:00 Mens LL Class/CR

2:00 \$1 Bingo/AS

2:00 RSVT -Food Lion/L

3:00 Pep Rally For Olympians/F

4:30 3rd Floor Happy Hour

4

NO RSVT

4:00-6:00 Liberty Games

Happy Hour/ CY & LH

5

8:30-3:00 RSVT/L

No Programming

Liberty Games

6

8:30-3:00 RSVT/L

No Programming

Liberty Games

7

8:30-3:00 RSVT/L

10:00 Audiologist Jason/CR

11:00 Farkle/AS

1:30 Bible Study w Bob/CH

1:30 Knitting Club/AS

4:00 Ping Pong/WS

8

9

2:00 Pinochle & Rummikub/CR

2:00 Chess Club/PDR

10

6:35 Wilson Center-NC Symphony: Rhapsody In Blue/L

8:30-3:00 RSVT/L

11:00 Friendship Bracelets/AS

11:00 Mens LL Class/ CR

1:00 RSVT- Walmart/L

1:00 Book Club/CR

2:00 \$1 Bingo/AS

2:00 Wellness Co/WS

3:00 Life Enrichment Co/AS

3:00 Courtyard Games

4:00 Ping Pong Club/WS

4:30 3rd Floor Happy Hour

11

8:30-3:00 RSVT/L

10:00 Catholic Mass/CH

11:00 Great Course/CR

11:00 Bradley Creek Tour/L

1:00 Mahjong/CR

2:00 CORE/L

3:00 Team Table Trivia/AS

3:00 M/O Committee/BL

4:30 1st Floor Happy Hour

12

8:30-3:00 RSVT/L

9:30 Meditation/WS

11:00 Farkle/ AS

12:30 Chefs Table/LH

1:30 Duplicate Bridge/CR

2:00 Dining Committee/ Pub

2:00 Movie: Age of Adeline/F

3:00 Ukulele Lessons/AS

4:30 2nd Floor Happy Hour

13

8:30-3:00 RSVT/L

9:30 Leprechaun Scavenger Hunt

10:00 Audiology of Wilm/BL

10:00 Beginner French Class/CR

11:00 Watercolor/AS

1:30 Party Bridge/ CR

2:00 RSVT-Harris Teeter/L

3:00 Return Of The Leprechauns Celebration/LH

3:30 GB2 CO/BL

14

8:30-3:00 RSVT/L

10:00 Breakfast Club/AS

11:00 Council Members/CR

11:00 Farkle/AS

11:30 POUND IT/WS

1:15 Netflix Show/CR

1:30 Bible Study w Bob/CH

1:30 Knitting Club/AS

3:00 All Resident Meeting/F

4:00 Ping Pong/WS

7:00 Party Bridge/CR

15

16

2:00 Pinochle & Rummikub/CR

2:00 Chess Club/PDR

17

8:30-3:00 RSVT/L

10:30 Intermediate/Advanced Moe Mckenna Acrylic Painting Class/AS

11:00 Mens LL Class/ CR

11:30 WUMC Luncheon/PDR

1:00 RSVT- Food Lion/L

2:00 \$1 Bingo/AS

3:00 Courtyard Games

4:00 Ping Pong Club/WS

4:30 3rd Floor Happy Hour

18

NO RSVT

11:00 Brain Games/AS

11:00 Great Course/CR

1:00 Mahjong/CR

3:00 Crumble Cookie Tasting/AS

3:00 Memorial Co/ BL

4:30 1st Floor Happy Hour

19

8:30-3:00 RSVT/L

9:30 Meditation/ WS

11:00 Farkle/ AS

12:30 Chefs Table/LH

1:30 Duplicate Bridge/CR

2:00 Movie: The Hill/F

2:00 In The Lab With Lil/AS

3:00 Ukulele Practice/AS

4:30 2nd Floor Happy Hour

20

8:30-3:00 RSVT/L

8:30 Breakfast with The Dining Director/CBG

10:00 Beginner French Class/CR

11:00 Acrylic Painting/AS

1:30 Party Bridge/CR

2:00 RSVT-Harris Teeter

3:30 All Resident Happy Hour & Birthday Social/LH

4:15 Flats Happy Hour

21

8:30-3:00 RSVT/L

10:00 Breakfast Club/AS

11:00 Farkle/AS

11:30 POUND IT/WS

1:15 Netflix Show/CR

1:30 Bible Study w Bob/CH

1:30 Knitting Club/AS

4:00 Ping Pong/WS

22

23

2:00 Pinochle & Rummikub/CR

6:35 Wilson Center-Wilmington Symphony: Masquerade/L

2:00 Chess Club/PDR

24

31

8:30-3:00 RSVT/L

11:00 Edible Craft/AS

11:00 Mens LL Class/ CR

1:00 RSVT- Walmart /L

2:00 \$1 Bingo/AS

3:00 Courtyard Games

3:00 BayWatch Proofing Meeting/CR

4:00 Ping Pong Club/WS

4:30 3rd Floor Happy Hour

25

8:30-3:00 RSVT/L

11:00 Brain Games/AS

11:00Great Course/CR

1:00 Mahjong/CR

1:15 Jack Mills City Tour & Railroad Museum/L

3:00 Support Group/F

4:15 Flats Happy Hour

4:30 1st Floor Happy Hour

26

8:30-3:00 RSVT/L

9:30 Meditation/ WS

11:00 Farkle/ AS

12:30 Chefs Table/LH

1:30 Duplicate Bridge/CR

2:00 Movie: Queen Bees/ F

3:00 Ukulele Lessons/AS

4:30 2nd Floor Happy Hour

27

8:30-3:00 RSVT/L

10:00 Beginner French Class/CR

11:00 Watercolor/AS

1:30 Party Bridge/CR

2:00 RSVT-Harris Teeter

2:00 Bradley Creek Tour/L

2:00 Teaching Kitchen-Homemade Cinnamon Rolls/CBG

28

8:30-3:00 RSVT/L

10:00 Breakfast Club/AS

11:00 Farkle/AS

11:00 POUND IT/WS

1:15 Netflix Show/CR

1:30 Bible Study w Bob/CH

1:30 Knitting Club/AS

3:00 Jazz Reflections Performance/F

4:00 Ping Pong/WS

29

30

2:00 Pinochle & Rummikub/CR