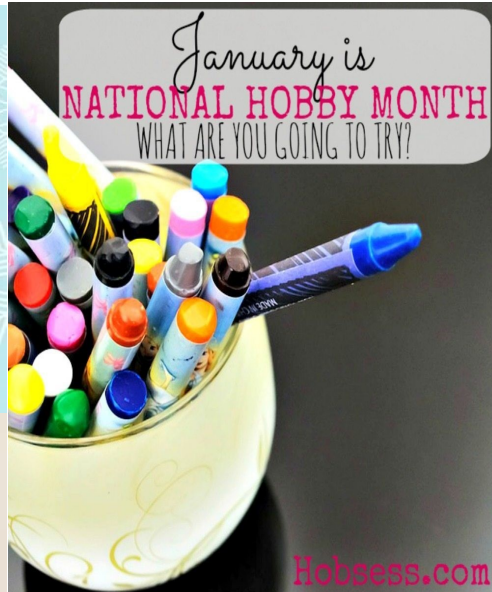


January



NATIONAL  
B R A I L L E  
LITERACY  
MONTH



January 2024  
**BRADLEY CREEK HEALTH CENTER**  
**ACTIVITIES CALENDAR**  
**740 Diamond Shoals Road**  
**Wilmington, NC 28403**  
**FRONT DESK: 910-769-7550**  
**MEREDITH'S OFFICE:**  
**910-769-7523**



❄️ Winter Word Search ❄️

S	K	I	N	G	S	N	O	W	B	O	O	H	T	
S	F	I	R	E	P	L	A	C	E	I	N	G	E	O
L	I	E	A	R	M	U	F	F	S	C	N	Y	T	S
E	W	S	B	C	O	L	T	R	A	E	S	T	A	C
D	I	M	L	R	O	W	S	N	O	U	G	H	E	A
D	N	U	I	A	U	L	O	W	P	S	H	T	O	R
I	T	F	Z	E	S	A	D	E	H	A	T	A	O	F
N	R	B	Z	B	A	E	R	O	W	P	L	Y	I	I
G	C	O	A	T	O	T	L	Y	D	M	W	L	C	R
I	T	O	R	H	A	F	R	O	T	A	S	U	I	E
P	O	T	D	E	C	E	M	B	E	R	I	L	C	L
L	A	S	N	C	R	O	V	I	N	C	L	O	L	R
O	A	D	H	J	K	T	C	E	S	H	O	V	E	L
W	J	A	N	U	A	R	Y	O	E	S	A	H	S	T
M	I	T	T	E	N	S	W	E	A	T	E	R	E	L

BLIZZARD	FIREPLACE	PLOW
BOOTS	FROSTY	SCARF
COAT	HAT	SHOVEL
COCOA	ICE	SKIING
COLD	ICICLES	SLEDDING
DECEMBER	JANUARY	SNOW
EARMUFFS	MARCH	SWEATER
FEBRUARY	MITTENS	WINTER

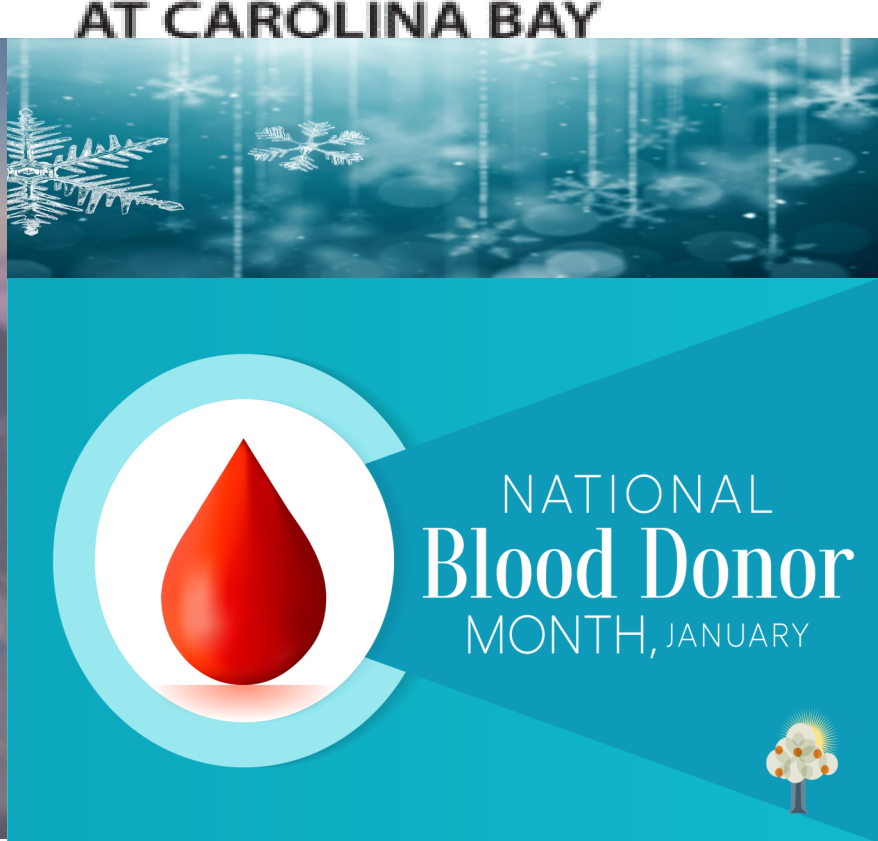
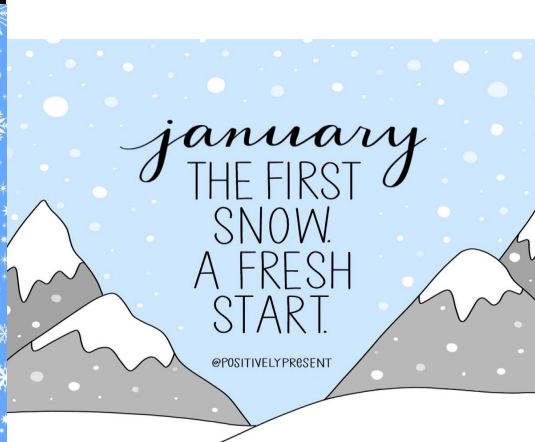
CRAYONSANDCRAWLINGS.COM

**BRADLEY CREEK HEALTH CENTER**  
AT CAROLINA BAY

new year's goals

1. give up a bad habit
2. workout consistently
3. create a cleaning schedule
4. join a new club
5. make new friends
6. save up \$\_\_\_
7. travel to a new country/state
8. get a job/ start a side hustle
9. create a monthly social media detox day
10. 10. reduce plastic use and carbon footprint
11. declutter social media apps and follows
12. donate to a non-profit organization
13. volunteer
14. study smarter
15. start a creative hobby
16. evalulate your relationships
17. buy less
18. eat less meat
19. do things alone
20. declutter and redecorate your room

READ MORE AT [WWW.MYCLICKJOURNAL.COM](http://WWW.MYCLICKJOURNAL.COM)





January 2024








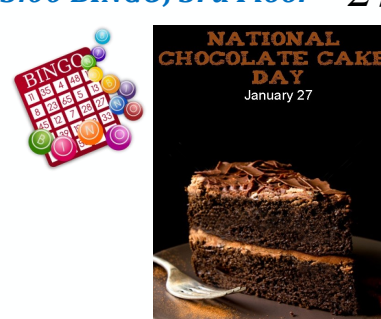


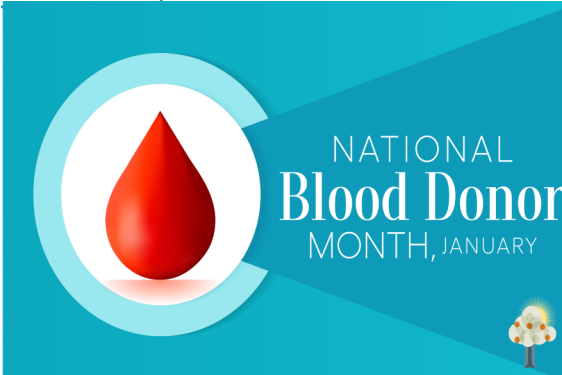
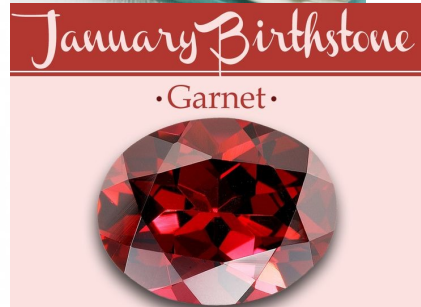





Elaine Masi  
January 11th  
(3023)

Eleanor Keeton  
Weiss  
January 25th  
(2021)

new year's goals

- 1. give up a bad habit
- 2. workout consistently
- 3. create a cleaning schedule
- 4. join a new club
- 5. make new friends
- 6. save up \$\_\_\_
- 7. travel to a new country/state
- 8. get a job/ start a side hustle
- 9. create a monthly social media detox day
- 10. 10. reduce plastic use and carbon footprint
- 11. declutter social media apps and follows
- 12. donate to a non-profit organization
- 13. volunteer
- 14. study smarter
- 15. start a creative hobby
- 16. evaluate your relationships
- 17. buy less
- 18. eat less meat
- 19. do things alone
- 20. declutter and redecorate your room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div></div>	<div><b>New Years Day!</b> 1</div> <div>11:30 SIT &amp; STRETCH, 3rd Floor 2:00 BINGO, 3rd Floor 3:30 NEW YEARS CELEBRATION, 3rd Floor</div>	<div>2</div> <div>10:00 1:1's, 2nd Floor 11:00 SCOTTI STRINGS PERFORMANCE, 2nd Floor 1:00 WALKING CLUB, 3rd Floor 2:30 NO BAKE AVALANCHE COOKIES, 3rd Floor</div>	<div>3</div> <div>10:30 CHURCH SERVICE, 3rd Floor 11:30 SIT &amp; STRETCH, 3rd Floor 1:00 HARP MUSIC, 2nd Floor (In room) 2:00 WINE WEDNESDAY, 3rd Floor 2:30 MANICURES, 3rd Floor</div>	<div><b>National Trivia Day!</b> 4</div> <div>10:30 PET THERAPY, 2nd Floor 1:30 JEOPARDY, 3rd Floor 3:00 BINGO 3rd Floor 5:00 SOCIAL HOUR, 3rd Floor</div>	<div>5</div> <div>10:30 MANICURES, 2nd Floor 11:30 SIT &amp; STRETCH, 3rd Floor 1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd Floor 3:00 TOLLIE PERFORMANCE, 3rd Floor</div>	<div>6</div> <div></div>	
<div><b>Happy National Bobblehead Day!</b> 7</div> <div></div>	<div>8</div> <div>10:00 MAT VISIT FOR VOTING, 3rd Floor 11:30 SIT &amp; STRETCH, 3rd Floor 2:00 BINGO, 3rd Floor 3:30 PRAYER CIRCLE, 3rd Floor</div>	<div>9</div> <div>10:00 1:1's, 2nd Floor 11:00 UNO TOURNAMENT, 3rd Floor 1:30 PRICE IS RIGHT GAME, 3rd Floor 3:00 DAVE BOHN CONCERT, 2nd Floor</div>	<div>10</div> <div>10:30 CHURCH SERVICE, 3rd Floor 11:30 SIT &amp; STRETCH, 3rd Floor 1:00 HARP MUSIC, 2nd Floor (In room) 2:00 WINE WEDNESDAY, 3rd Floor 2:30 MANICURES, 3rd Floor</div>	<div>11</div> <div>10:30 PET THERAPY, 2nd Floor 2:00 ICE CREAM SOCIAL, 3rd Floor 3:00 BINGO, 3rd Floor 5:00 SOCIAL HOUR, 3rd Floor</div>	<div>12</div> <div>10:30 MANICURES, 2nd Floor 11:30 SIT &amp; STRETCH, 3rd Floor 1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd Floor 2:00 DUKE LADD PERFORMANCE, 3rd Floor</div>	<div>13</div> <div></div>	
<div><b>National SUNDAY SUPPER Day</b> 14</div> <div></div>	<div>15</div> <div>11:30 SIT &amp; STRETCH, 3rd Floor 2:00 BINGO, 3rd Floor 3:30 PRAYER CIRCLE, 3rd Floor Meredith out of building, please ask staff for assistance to activities.</div>	<div>16</div> <div>10:00 1:1's, 2nd Floor 11:30 BALLOON TENNIS, 3rd Floor 2:30 ELVIS PRESELY IMPERSONATOR, 3rd Floor 3:30 ELVIS MOVIE, 3rd Floor</div>	<div>17</div> <div>10:30 CHURCH SERVICE, 3rd Floor 11:30 SIT &amp; STRETCH, 3rd Floor 1:00 HARP MUSIC, 2nd Floor (In room) 2:00 WINE WEDNESDAY, 3rd Floor 2:30 MANICURES, 3rd Floor</div>	<div>18</div> <div>10:30 PET THERAPY, 2nd Floor 11:00 MY 2 CENTS GAME, 3rd Floor 3:00 BINGO, 3rd Floor 5:00 SOCIAL HOUR, 3rd Floor</div>	<div>19</div> <div>11:30 SIT &amp; STRETCH, 3rd Floor 1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd Floor 2:00 RAY &amp; JEFF CONCERT, LOBBY Meredith out of building, ask staff for assistance.</div>	<div>20</div> <div></div>	
<div>21</div> <div></div>	<div>22</div> <div>11:30 SIT &amp; STRETCH, 3rd Floor 2:00 BINGO, 3rd Floor 3:30 PRAYER CIRCLE, 3rd Floor Meredith out of building, please ask staff for assistance to activities.</div>	<div>23</div> <div>10:00 1:1's, 2nd Floor 11:15 CHAIR DANCING, 3rd Floor 2:00 SAND ART, 3rd Floor 3:30 TRAVEL DAY, 3rd Floor</div>	<div>24</div> <div>10:30 CHURCH SERVICE, 3rd Floor 11:30 SIT &amp; STRETCH, 3rd Floor 1:00 HARP MUSIC, 2nd Floor (In room) 2:00 WINE WEDNESDAY, 3rd Floor 2:30 MANICURES, 3rd Floor</div>	<div>25</div> <div>10:30 PET THERAPY, 2nd Floor 1:30 COME GET YOUR SNOWCONE, 3rd Floor 3:00 BINGO, 3rd Floor 5:00 SOCIAL HOUR, 3rd Floor</div>	<div>26</div> <div>10:30 MANICURES, 2nd Floor 11:30 SIT &amp; STRETCH, 3rd Floor 1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd Floor 3:00 ALLAN NICOSIA CONCERT, LOBBY</div>	<div>27</div> <div></div>	
<div>28</div> <div></div>	<div>29</div> <div>11:30 SIT &amp; STRETCH, 3rd Floor 2:00 BINGO, 3rd Floor 3:30 PRAYER CIRCLE, 3rd Floor 4:00 RESIDENT COUNCIL, 3rd Floor</div>	<div>30</div> <div>10:00 1:1's, 2nd Floor 11:00 WALKING CLUB, 3rd Floor 2:30 BLUE MOON SHOPS, 3rd Floor Outing</div>	<div>31</div> <div>10:30 CHURCH SERVICE, 3rd Floor 11:30 SIT &amp; STRETCH, 3rd Floor 1:00 HARP MUSIC, 2nd Floor (In room) 2:00 WINE WEDNESDAY 2:00 STEP BY STEP PAINTING CLASS, 3rd Floor</div>	<div></div>		<div></div>	
<div><b>January Birthstone</b> • Garnet •  Most commonly known as red, Garnet comes in all colours except blue. They are known to stop hemorrhaging, cure inflammatory diseases and manage anger. Garnets symbolize fidelity, loyalty, sincerity, grace and faith.</div>	<div></div>	<div><b>Hair Services</b>   For appointments call <b>Jeaneen Gunn</b> 740-255-1255</div>	<div><b>Nail Services</b>   For appointments call <b>Kim</b> 910-231-5147</div>	<div><b>Taylor Deloney</b> Administrator <b>Shannon Young</b> 1st Floor Activity Director <b>Meredith Mercer</b> 2nd &amp; 3rd Floor Activity Director <b>Amy Skinner</b> Social Worker <b>Jennifer Velardo</b> Business Office Manager <b>Keira Sciance</b> Therapy Director <b>Hanna Bell</b> Admissions Coordinator <b>Sarah Marable</b> Admissions Assistant <b>Karen Johnson</b> Transportation</div>			<div><b>Angie Hartzell</b> Staff Development Coordinator <b>Spenser Harris</b> Director of Nursing <b>Ashley Bradford</b> 1st Floor Unit Manager <b>Alexa Woodward</b> 2nd Floor Unit Manager <b>Jenn Jester</b> 3rd Floor Unit Manager <b>Daniel Fisher</b> Dietary Director <b>Joe Smith</b> Maintenance Director <b>Justin Hollis</b> Housekeeping Director <b>Nicole Blanks</b> Medical Records <b>Liany Medinamaldonado</b> Scheduler</div>