

“August is like the Sunday of summer.”

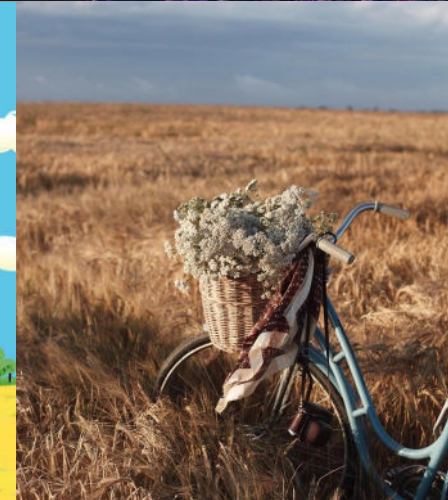


1ST FLOOR CALENDAR
740 Diamond Shoals Road
Wilmington, NC 28403
FRONT DESK: 910-769-7550
SHANNON'S CELL: 336-341-7746

BRADLEY CREEK
AT CAROLINA BAY





















some days in late
august
at home are like this,
the air thin and eager,
with something in it sad
and nostalgic and familiar.



SMALL THINGS TO LOVE ABOUT AUGUST

- Seashells in all shapes & colors
- Endless hours of sunshine
- Multicolor sunsets
- Homemade lemonade
- Spontaneous summer trips
- Freshly baked S'mores

OurMindfulLife.com

August 2022	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>National Immunization Awareness Month #ivax2protect</div>	ACTIVITIES MAY BE CANCELED OR RESCHEDULED DUE TO INCLIMATE WEATHER OR CERTAIN CIRCUMSTANCES	<u>Daily Meal Schedule:</u> 8:30am <i>Breakfast</i> 12:30pm <i>Lunch</i> 5:30pm <i>Dinner</i>	10:30 TEA & TABLE TOPICS 1 2:30 GIL BOWEN PERFORMANCE, Lobby <i>Shannon Out: Activities led by Unit Staff. Times may vary</i>	<i>National Ice Cream Sandwich Day</i> 2 10:30 MUSIC & WORSHIP 11:00 CROSSWORD PUZZLE 11:45 FOOD EXPRESSIONS 2:30 PIZZA PARTY RHYTHM & MUSIC AND ICE CREAM SANDWICHES	<i>National Watermelon Day</i> 3 9:45 ONE ON ONE'S 10:30 UNITED STATES PUZZLE 2:30 BINGO 4:00 WATERMELON SHAKES	<i>National Beer & Chocolate Chip Cookie Day</i> 4 10:30 MANICURES 2:30 BOOZE & TATTOO'S 3:30 BAKING CHOCOLATE CHIP COOKIES	10:30 TABLE TOP GAMES 5 2:30 BALLOON TENNIS <u>Activities on the weekend are led by unit staff. Times may vary</u>
	10:30 TABLE TOP GAMES 6 2:30 BOWLING <u>Activities on the weekend are led by unit staff. Times may vary</u>	9:45 ONE ON ONE'S 7 10:30 SCATTERGORIES 11:30 SIT & STRETCH, 3rd Floor 2:30 BOWLING  *Robert's Birthday* 	<i>National Frozen Custard Day</i> 8 10:30 TEA & MUSIC LOVERS CLUB 11:00 CHAIR ZUMBA 2:00 FROZEN CUSTARD SOCIAL 3:00 DAVE BOHN CONCERT, 3rd Floor	10:30 MUSIC & WORSHIP 9 11:00 CROSSWORD PUZZLE 11:45 WOULD YOU RATHER 2:30 GARDEN CLUB	<i>National Lazy & S'mores Day</i> 10 9:45 ONE ON ONE'S 10:30 BINGO 2:30 PAJAMA PARTY 4:00 S'MORES	10:30 MANICURES 11 2:00 WINE & CHEESE CLUB 3:30 ALLAN NICOSIA CONCERT, Lobby	10:30 TABLE TOP GAMES 12 2:30 BALLOON TENNIS <u>Activities on the weekend are led by unit staff. Times may vary</u>
	10:30 TABLE TOP GAMES 13 2:30 BOWLING <u>Activities on the weekend are led by unit staff. Times may vary</u>	<i>National Creamsicle Day</i> 14 9:45 ONE ON ONE'S 10:30 SCATTERGORIES 11:30 AGELESS GRACE 2:30 BOCCCE BALL 4:00 CREAMSICLE FLOATS  *Karen's Birthday* 	10:30 TEA & MY TWO CENTS GAME 15 11:30 BALLOON TENNIS 2:00 JERRY POWELL CONCERT, 3rd Floor 3:30 COMEDY HOUR WITH SNACK	10:30 MUSIC & WORSHIP 16 11:00 CROSSWORD PUZZLE 11:45 FINISH THE BODY EXPRESSIONS 3:00 AUGUST BIRTHDAYS BASH	9:45 ONE ON ONE'S 17 10:30 WATERCOLOR PAINTING 2:30 BINGO	<i>National Pinot Nior Day</i> 18 10:30 MANICURES 2:00 RAY & JEFF CONCERT, Lobby 3:30 WINE & CHEESE CLUB <i>Shannon Out: Activities led by Unit Staff. Times may vary</i>  *Angelo's Birthday* 	10:30 TABLE TOP GAMES 19 2:30 BALLOON TENNIS <u>Activities on the weekend are led by unit staff. Times may vary</u>  *Carolyn's Birthday* 
 <div>Health & Wellness Month</div>	10:30 TABLE TOP GAMES 20 2:30 BOWLING <u>Activities on the weekend are led by unit staff. Times may vary</u>	<i>National Senior Citizens Day</i> 21 9:45 ONE ON ONE'S 10:30 SCATTERGORIES 11:30 SIT & STRETCH, 3rd Floor 2:30 BOOMBALATTIS OUTING	10:30 TEA & MUSIC 22 LOVERS CLUB 11:00 CHAIR ZUMBA 2:30 PLANE DECORATING 3:30 BEST IN FLIGHT CONTEST	10:30 MUSIC & WORSHIP 23 11:00 CROSSWORD PUZZLE 11:45 MATCHING COUPLES 2:30 POUR PAINTING	<i>National Waffle Day</i> 24 9:45 ONE ON ONE'S 10:30 PET THERAPY 11:00 BRUNCH ON THE PORCH 2:30 BINGO	<i>National Banana Split Day</i> 25 10:30 MANICURES 2:30 WINE & CHEESE CLUB 3:30 BUILD YOUR BANANA SPLIT	10:30 TABLE TOP GAMES 26 2:30 BALLOON TENNIS <u>Activities on the weekend are led by unit staff. Times may vary</u>
	10:30 TABLE TOP GAMES 27 2:30 BOWLING <u>Activities on the weekend are led by unit staff. Times may vary</u>	9:45 ONE ON ONE'S 28 10:30 SCATTERGORIES 11:30 SIT & STRETCH, 3rd Floor 2:30 THE PRICE IS RIGHT	10:30 TEA & TRIVIA 29 11:30 BALLOON TENNIS 2:00 MATINEE MOVIE: THE SOUND OF MUSIC & POPCORN <i>2:30 SHANNON OUT WITH 3RD FLOOR FOR OUTING</i>	10:30 MUSIC & WORSHIP 30 11:00 CROSSWORD PUZZLE 11:45 EARTH EXPRESSIONS 3:30 SCOTTI STRINGS PERFORMANCE, 2nd Floor	<i>National Trail Mix Day</i> 31 9:45 ONE ON ONE'S 10:30 Pictionary 2:30 BINGO 3:30 MAKING "PUPPY" CHOW TRAIL MIX		
	ROBERT MCGARRY August 7th KAREN DUSEK August 14th ANGELO PARADISO August 18th CAROLYN MARSHBURN August 19th	<div><div>Leo Sumero-Babylonian name: The Lion </div><div>Virgo Sumero-Babylonian name: The furrow </div></div> <div>July 22 - August 23August 23 - September 22</div>		<div><div>Nail Services</div><div>For appointments call Kim</div><div>910-231-5147</div><div></div></div>		<div>Taylor Deloney Administrator Shannon Young 1st Floor Activity Director Meredith Mercer 2nd & 3rd Floor Activity Director Jen Velardo Business Office Manager Amy Skinner Social Worker Keira Sciance Therapy Director Hanna Bell Admissions Coordinator Karen Johnson Transportation Liany Medinamaldoando Scheduler</div> <div>Alexa Woodward 3rd Floor Unit Manager Markie Desorbo 2nd Floor Unit Manager Ashley Bradford 1st Floor Unit Manager Daniel Fisher Dietary Director Cash Ragland Maintenance Director Justin Hollis Housekeeping Director Nicole Blanks Medical Records Pam Duffy MDS Coordinator Angie Hartzell Staff Development Coordinator</div>	