

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>9:00-1 RSVT/ L 11:00 DIY Coffee Mugs/AS 11:00 Men's Lifetime Learning Class/ CR 1:00 RSVT- Lowes Foods/ Sketchers/L 2:00 \$1 Bingo/F 2:00 Baywatch Meeting/AS 3:00 Courtyard Games/CY 4:00 Ping Pong Club/WS 4:30 3rd Floor Happy Hour</p>	<p>NO RSVT 10:00 Tea with LE/AS 2 11:00 The Great Course on American History/CR 10:30 Jungle Rapids/LS 11:00 Harmony Belles/F 1:00 Memorial Committee/BL 1:00 Mah Jongg/CR 2:30 Rockin Rollators/WS 4:30 1st Floor Happy Hour/ AS</p>	<p>9:00-3 RSVT/ L 3 9:30 Meditation/WS 11:00 Farkle/ AS 12:00 Chorus Rehearsal/ F 1:30 Bridge Club/CR 2:00 Free Art /AS 2:00 RESPECT/F 3:00 Walking Club/L 4:30 2nd Floor Happy Hour</p>	<p>9:00-3 RSVT /L 4 11:00 Watercolor/AS 2:00 RSVT-Harris Teeter/L 1:30 Bridge Club/ CR 3:30 Susan Slavia Happy Hour/CY</p>	<p>9:00-3 RSVT/ L 5 10:00 Breakfast Club/AS 11:00 Farkle/ AS 11:30 POUND IT/WS 1:15 Sweet Magnolia's/ S.2 CR 1:30 Bible Study w Bob Perry/CH 1:30 Knitting Group/AS 2:00 POUND IT/WS 2:30 Environmental Co/CR 2:30 Maintenance Co/BL 4:00 Ping Pong/WS</p>	<p>6 2:00 Rummikub/CR</p>
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<p>7 1:15 My Fair Lady/L</p>	<p>9:00-1 RSVT/ L 11:00 No Bake Dessert/AS 8 11:00 Men's Lifetime Learning Class/ CR 1:00 Walmart/L 1:30 Book Club/CR 2:00 \$1 Bingo/F 2:00 Wellness Co/WS 3:00 Life Enrichment Co/AS 3:00 Courtyard Games/CY 4:00 Ping Pong Club/WS</p>	<p>NO RSVT 10:00 Tea with LE/AS 9 11:00 The Great Course on American History/CR 1:00 Mah Jongg/CR 2:00 Get to Know your Neighbor/AS 2:00 CORE 2:30 Rockin Rollators/WS 3:00 Operations Co/BL 4:30 1st Floor Happy Hour/ AS</p>	<p>9:00-3 RSVT/ L 10 10:30 Carolina Bay Masters/CY 11:00 Farkle/ AS 1:30 Bridge Club/CR 2:00 Dining Committee/ Pub 2:00 Ticket To Paradise/F 4:30 2nd Floor Happy Hour 3:00 Walking Club/ L</p>	<p>9:00-3 RSVT /L 11 11:00 Watercolor/AS 2:00 RSVT-Harris Teeter/L 1:30 Bridge Club/ CR 3:00 All Resident Happy Hour w Scotti Stringz/CY</p>	<p>9:00-3 RSVT/ L 12 10:00 Breakfast Club/AS 11:00 Farkle/ AS 11:30 POUND IT/WS 1:15 Sweet Magnolia's/ S.2CR 1:30 Bible Study w Bob Perry/CH 1:30 Knitting Club/AS 2:00 POUND IT/WS 3:00 Memorial Service/F 4:00 Ping Pong/WS</p>	<p>13 2:00 Rummikub/CR 6:45 Wilmington Symphony/L <i>(14 Ticket Lottery)</i></p>
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<p>14 </p>	<p>9:00-1 RSVT/ L 10:30 Mother's Day Tea /F 15 11:00 Men's Lifetime Learning Class/ CR 1:00 RSVT- Target/L 2:00 \$1 Bingo/F 3:00 Courtyard Games/CY 4:00 Ping Pong Club/WS 4:30 3rd Floor Happy Hour</p>	<p>NO RSVT 10:00 Tea with LE/AS 16 11:00 The Great Course: American History/CR 12:45 Liberty Hall of Kenansville/ LS 1:00 Mah Jongg/CR 2:30 Rockin Rollators/WS 4:30 1st Floor Happy Hour/ AS</p>	<p>9:00-3 RSVT/ L 17 9:30 Meditation/ WS 11:00 Farkle/ AS 12:00 Chorus Rehearsal/ F 1:30 Bridge Club/CR 2:00 The Boy Who Harn/ F 2:00 Paint w/ Moe McKenna/AS 3:00 Walking Club/L 4:30 2nd Floor Happy Hour</p>	<p>9:00-3 RSVT /L 18 11:00 Watercolor/AS 2:00 RSVT-Harris Teeter/L 1:30 Bridge Club/ CR 3:00 Vivace/F 3:30 GB2 Committee/BL</p>	<p>9:00-3 RSVT/ L 19 11:00 Council Members Meeting 11:00 Farkle/ AS 11:30 POUND IT/WS 1:30 Bible Study w Bob Perry/CH 2:00 POUND IT/WS 3:00 3rd Friday Resident Meeting/F 4:00 Ping Pong/WS</p>	<p>20 2:00 Rummikub/CR 6:45 Romeo and Juliet/L</p>
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<p>21</p>	<p>9:00-1 RSVT/ L 11:00 DIY Patterned Magnets/AS 22 11:00 Men's Lifetime Learning Class/ CR 1:00 RSVT- Mayfaire/L 2:00 \$1 Bingo/F 3:30 Liberty Games Watch Party/F 4:00 Ping Pong Club/WS 4:30 3rd Floor Happy Hour</p>	<p>NO RSVT 10:00 Tea with LE/AS 23 11:30 The George/LS 11:00 The Great Course: American History/CR 1:00 Mah Jongg/CR 2:30 Rockin Rollators/WS 3:00 Caregiver Support Group/F 4:30 1st Floor Happy Hour/ AS</p>	<p>9:00-3 RSVT/ L 24 9:30 Meditation/ WS 11:00 Farkle/ AS 1:30 Bridge Club/CR 2:00 Free Art/AS 2:00 Book Club/ F 3:00 Walking Club/L 4:30 2nd Floor Happy Hour</p>	<p>9:00-3 RSVT /L 25 8:30 Breakfast with Dining Director/Grill 11:00 Watercolor Class/ AS 2:00 RSVT-Harris Teeter/L 1:30 Bridge Club/ CR 3:30 Madison Norris Thesis Presentation/F</p>	<p>9:00-3 RSVT/ L 26 10:00 Breakfast Club/AS 11:00 Farkle/ AS 11:30 POUND IT/WS 1:15 Sweet Magnolia's S.2/ CR 1:30 Knitting Club/AS 1:30 Bible Study w Bob Perry/CH 2:00 POUND IT/WS 3:00 Teaching Kitchen/Grill 4:00 Ping Pong/WS</p>	<p>27 2:00 Rummikub/CR</p>
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<p>28 </p>	<p>9:00-1 RSVT/ L 11:00 TieDye/ AS 29 11:00 Men's Lifetime Learning Class/ CR 11:30-2:00 Memorial Day Cookout/CY 1:00 RSVT- Independence Mall/L 2:00 \$1 Bingo/F 3:00 Courtyard Games/CY 4:00 Ping Pong/ WS</p>	<p>NO RSVT 10:00 Tea with LE/AS 30 TBD Regal Mayfaire: Book Club: The Next Chapter /LS 11:00 The Great Course: American History /CR 1:00 Mah Jongg/CR 2:30 Rockin Rollators/WS 4:30 1st Floor Happy Hour/ AS</p>	<p>9:00-3 RSVT/ L 31 9:30 Meditation/ WS 11:00 Farkle/ AS 1:30 Bridge Club/CR 2:00 Free Art /AS 2:00 Liar Liar/ F 3:00 Birthday Social/ LH 4:30 2nd Floor Happy Hour</p>	<p>MAY 2023</p> 		
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Marvelous May

Speakers, Performers, & Artists This Month

Susan Slavia

Returning to perform for us in our beautiful courtyard! Come hangout with your neighbors and enjoy her beautiful voice and fabulous energy on May 4th at 3:30 in the Courtyard!

Moe McKenna

Moe would love for you to come and try out her acrylic painting class! You DO NOT have to be a professional painter or even a good painter– this class is simply fun and Moe McKenna is great at assisting anybody that needs help! If you've never tried to paint but always wanted to– this is the class for you!

May 17th at 2:00-Sign up is mandatory!

Vivace

Vivace is back with their very talented students! Come and watch this lively and talented group of musicians play their various instruments! Join us in the Forum on the 18th of May at 3:00.

Scotti Stringz

Our main man Scotti Stringz is bringing the energy and the excitement! Come and see for yourself why he is everyone's favorite performer. Join us at the All Resident Happy Hour– Wine, Apps and an overall good time!

Madison Norris

Our Fabulous Wellness Assistant will be presenting on her thesis project for us in the Forum on the 25th of May at 3:30 in the Forum!

May Birthdays

Frank Hawkins 5/1 John Henderson 5/11 Nancy Bierer 5/18 Anne Mallet 5/28

David Ryan 5/2 Cathy Walser 5/11 Joan Hebner 5/21 Marlene Frazier 5/29

Hellon Weeks 5/4 Karen Wilkins 5/16 Tony Risco 5/26 Catherine McDonald 5/30

Movies

Respect- Following the rise of Aretha Franklin's career -- from a child singing in her father's church choir to her international superstardom -- it's the remarkable true story of the music icon's journey to find her voice. 145M

Ticket to Paradise- George Clooney and Julia Roberts team up as exes who find themselves on a shared mission: to stop their lovestruck daughter from making the same mistake they once made. 104M

The Boy Who Harnessed the Wind- Inspired by a science book, 13-year-old William Kamkwamba builds a wind turbine to save his Malawian village from famine. Based on a true story. 113M

Book Club- Four women have attended a monthly book club for 40 years, bonding over the suggested literature, and have become very good friends: Vivian, who owns and builds hotels, runs into Arthur, a man whose marriage proposal she turned down 40 years before. 104 M

Liar Liar- A shady lawyer, through a wish from his young son, is compelled to tell the truth - no matter what the situation - with hilarious results! 87M



May 2023



630 CAROLINA BAY DR. WILMINGTON, NC 28403

Your lifestyle calendar designed around INSPIRE :

Inclusive, Nutritional, Spiritual, Physical, Intellectual, Recreational, Engaging

This Month In Life Enrichment...

Upcoming Fun Activities: POUND IT, Courtyard Games, Rockin Rollators, Carolina Bay Masters, Tea with Life Enrichment, Liberty Games Watch Party

Art Classes: DIY Coffee Mugs, Healthy Edible Dessert, Patterned Scrapbook Magnets, Tye Dye T-Shirts, Paint with Moe McKenna, Watercolor Class

Social Events: The Breakfast Club, Walking Club, All Resident Happy Hour, Mothers Day Tea, Get To Know Your Neighbor, Memorial Day Cookout

Musical Performers: Harmony Belles, Susan Slavia, Vivace, Scotti Stringz

Informational Events:

The Great Course on Conquest of the Americas, Men's Lifetime Learning Class, Teaching Kitchen with Morrisons.

Resident Led Events: Farkle, Knitting Club, Bingo, Book Club, Free Art, Bridge Club, Bible Study with Bob Perry, Mahjong, Rummikub.

Outings: Jungle Rapids, Wilson Center: My Fair Lady, Wilmington Symphony, Romeo and Juliet. Liberty Hall Museum, Lunch at The George, Mayfaire Movies-Book Club: The Next Chapter

Color Code:

Purple: Activities With Life Enrichment

Orange: Performers, Speakers and Artists

Black: Resident Led Activities

Red: Committee Meetings

Blue: Outings

Green: Shopping Trips

This Month In Wellness..

Carolina Bay Masters Wednesday May 10th at 11:00am in the Courtyard Join in on putting, refreshments, and FUN! Dress in your best golf attire, bring a friend/guest, and participate in a friendly putting competition. Sign-ups will be available by the mailboxes until May 3rd!

Madison Norris Thesis on Financial Elder Abuse Thursday May 25th at 3:30pm in the Forum Join Wellness Associate Madison Norris in her discussion on the research project she completed for the Masters of Gerontology program at UNCW, focused on financial elder abuse and reporting trends in New Hanover County.

Liberty Games Video Watch Party will be held on Monday, May 22nd at 3:30 in the Forum! Come join us to see all that happened at our 2nd annual Liberty Games in Charleston, NC.