

YOUR TICKET, OUR RIDE. TRANSPORTATION PROVIDED TO...

BUY YOUR OWN TICKETS. RESERVE YOUR SEAT ONLY AFTER PURCHASED.

MET OPERA “TURNADOT” AT UNCW FISHER CENTER

SATURDAY, OCTOBER 12TH LEAVING AT 11:30AM FROM THE LOBBY

To purchase tickets call, (910) 962-3195. Sign up in the teal binder after you have purchased your tickets.

“WILMINGTON WATER TOURS” SUNSET CRUISE WITH LIVE MUSIC BY JENNY PEARSON

THURSDAY, OCTOBER 24TH LEAVING FROM THE LOBBY AT 5:15PM, SIGN UP WITH ERIN

Cruise boards at 6:00pm, RAIN OR SHINE. The cruise lasts until 8:00pm. Come aboard The Wilmington, our comfortable catamaran, for a fun cruise down the Cape Fear River as we cruise into the sunset. Grab a tasty cocktail or drink from our full bar and sit back and relax! Bring cash for refreshments. There is a restroom available on board and it is handicap accessible. Wheelchairs are allowed on board. The boat is fully enclosed and rain does not normally prevent departure.

However, it is at the Captain’s discretion to cancel based on weather conditions.

MET OPERA “MANON” AT UNCW FISHER CENTER

SATURDAY, OCTOBER 26TH LEAVING AT 11:30AM FROM THE LOBBY

To purchase tickets call, (910) 962-3195. Sign up in the teal binder after you have purchased your tickets.

PNC BROADWAY “FIDDLER ON THE ROOF” AT THE WILSON CENTER

SUNDAY, OCTOBER 27TH LEAVING AT 2:15PM FROM THE LOBBY

To purchase tickets call, (910) 362-7999. Sign up in the teal binder after you have purchased your tickets.

SHALLOTTE RIVER SWAMP PARK DAY TRIP

MONDAY, OCTOBER 28TH LEAVING FROM THE LOBBY AT 10:00AM. WEATHER PERMITTING.

Outdoor adventure options include: Zipline Tour, Guided ATV Tour, or Swamp Boat Eco-Tour. Picnic lunch will be provided. Prices vary depending on the adventure.. Sign up in the teal binder indicating what event you would like to do.

UPCOMING PROGRAMS THIS MONTH...

TRAVEL HAPPY HOUR: VEGAS & NATIONAL PARKS OF THE SOUTHWEST

TUESDAY, OCTOBER 1ST AT 11:45AM IN THE LIGHTHOUSE MARKET

AND... WEDNESDAY, OCTOBER 16TH AT 4:00PM IN THE FORUM– SIGN UP IF INTERESTED

We will be learning about an upcoming trip with Premiere World Discovery to possibly visit Las Vegas, Grand Canyon, Sedona and more! Light refreshments & wine will be served.

BAYWATCH QUARTERLY PUBLICATION MEETINGS

THURSDAY, OCTOBER 3RD AT 3:00PM IN THE ART STUDIO

THURSDAY, OCTOBER 17TH AT 3:00PM IN THE ART STUDIO

Anyone interested in having a piece published in the November issue, please submit via email to Erin by October 14th.

WINE & CHEESE SOCIAL WITH ENTERTAINMENT BY RAY & JEFF DUO ON GUITAR

FRIDAY, OCTOBER 4TH AT 4:30PM IN THE LIGHTHOUSE MARKET

“52 WEEKS THRU PSALM” BIBLE STUDY LED BY CHAPLAIN JOHN SOLANO

MONDAYS AT 2:00PM IN THE CHAPEL

CREATE YOUR OWN CREPE PAPER BLACK EYED SUSAN FLOWER

WEDNESDAY, OCTOBER 9TH AT 3:00PM IN THE ART STUDIO

Rudbeckia hirta, commonly called black-eyed Susan, is a North American flowering plant in the sunflower family. This will be a lovely yellow addition to your “care free” flowers! Please sign up in the teal binder.

“FLOATS FUNDRAISER” FOR THE AMERICAN HEART ASSOCIATION

FRIDAY, OCTOBER 11TH AT 2:30PM IN LIGHTHOUSE MARKET

MONTHLY CAREGIVER SUPPORT GROUP: “TOPICS YOU’D LIKE TO LEARN ABOUT”

MONDAY, OCTOBER 14TH AT 3:00PM IN THE CHAPEL (NOTICE TIME CHANGE)

Everyone is in a difference place in their journey with their loved one. We’d like to know what you are interested in! This will be a great time for you to have input about topics you’d like to discuss and have some time to share your thoughts.

SUPPLY DRIVE ASSEMBLY LINE

WEDNESDAY, OCTOBER 16TH AT 2:00PM IN THE ART STUDIO

Last month, and throughout the 16th, we will be collecting small “emergency” items to be put together for those in need. Now that we have the items, it’s time to sort and pack the bottles! All hands are helpful!

CAPE FEAR MUSIC TEACHERS ASSOCIATION PIANO RECITAL

SATURDAY, OCTOBER 26TH AT 2:00PM IN THE FORUM

This group has been performing at Carolina Bay for the past couple years and has continued to grow every year. Come support this talented group as they share with us all!

HALLOWEEN SWEET & SAVORY TREATS

TUESDAY, OCTOBER 29TH AT 2:00PM IN THE ART STUDIO

Witches fingers, cocktail eyeballs, spider knuckles... sound appetizing? Of course not! We will be making much tastier treats than this.... Come see for yourself! Please sign up in the teal binder.



OCTOBER 2019



630 CAROLINA BAY DR. WILMINGTON, NC 28403

Your lifestyle calendar designed around the 6 aspects of wellness; *Purposeful, Spiritual, Physical, Social, Emotional, Intellectual*

Shore Things This Month

MOVIE ANALYSIS: “GONE WITH THE WIND” WITH ANNE BLACKBURN

PART 1: TUESDAY, OCTOBER 1ST AT 2:00PM IN THE FORUM

PART 2: WEDNESDAY, OCTOBER 2ND AT 2:00PM IN THE FORUM

Epic Civil War drama focuses on the life of petulant southern belle Scarlett O'Hara (Vivien Leigh). Starting with her idyllic on a sprawling plantation, the film traces her survival through the tragic history of the South during the Civil War and Reconstruction, and her tangled love affairs with Ashley Wilkes (Leslie Howard) and Rhett Butler (Clark Gable). Anne Blackburn will break down the film with a discussion following both halves of the film. Adding personal references to the discussion, Anne will shock you with the special facts she knows about Scarlett, the facade and much more. Come to learn more!

FEATURED RESIDENT ARTIST RECEPTION FEATURING JAY MELIND

FRIDAY, OCTOBER 18TH AT 4:00PM IN THE ART STUDIO

Wonder where the 2019 Carolina Bay Senior Olympic t-shirt cartoon... or the illustrations in the Lighthouse Market? Jay Melind is incredibly talented, and we are here to display his work for all to see! Refreshments will be served.

BLACK & WHITE SOCIAL WITH ARTISTRY IN JAZZ BIG BAND

SUNDAY, OCTOBER 20TH AT 3:00PM IN THE FORUM

A little classier, spookier event than normal, we encourage you to pull out something fancy from your closet, your best black or white pieces of course. Think of this as a fancier affair, especially since we have a full big band coming to perform! Light refreshments & libations served.

SPEAKER: DR. REEVES WITH NHRMC GROUP ATLANTIC UROLOGY ON MEN’S HEALTH

TUESDAY, OCTOBER 29TH AT 4:00PM IN THE FORUM

HALLOWEEN SOCIAL AND COSTUME CONTEST WITH DUKE LADD ON PIANO

THURSDAY, OCTOBER 31ST AT 5:00PM IN THE FORUM

Please join us for a wicked, delightfully haunting Halloween bash with our favorite Duke Ladd on Piano! Costumed preferred. Create your own from the prop box in the Activity Office! Prizes awarded for: Best Male & Female Costume and Best Couple!

Out On The Town

LADIES OUT FOR LUNCH TO BLUEWATER GRILL, WRIGHTSVILLE BEACH

TUESDAY, OCTOBER 8TH LEAVING AT 11:45AM FROM THE LOBBY–

Inspired by waterfront living, our food, casual atmosphere, and Carolina hospitality make Bluewater a Wrightsville Beach favorite for locals and visitors alike. Menu can be found in the Teal sign up binder with the sign up sheet.

AIRLIE GARDENS & LUNCH AT K-38

TUESDAY, OCTOBER 15TH LEAVING AT 11:00AM FROM THE LOBBY

Airlie Gardens is proud to showcase an annual outdoor sculpture exhibit featuring local artists. Nestled in the greenery and amongst the flowers, experience the playful art exhibit appealing to all visitors both young and old. For its seventh-annual exhibit, Airlie Gardens will showcase “HeART of the Gardens” from July 1 through October 31, 2019. Artists and teams of artists have been selected by Airlie to decorate, paint, and otherwise adorn one of the 13 fiberglass hearts that will be placed throughout the grounds for guests to enjoy as part of their garden experience. And a little about K-38 Restaurant... Since its inception, K38 has been offering the flavors of Baja Mexico infused with adventure, and prepared with great care. We use chilies and spices from all over the Southwest and Mexico in our little Wilmington, NC restaurant. Sign up in the teal binder.

WILMINGTON SYMPHONY: “ARETHA, A TRIBUTE” AT THE WILSON CENTER

SATURDAY, OCTOBER 19TH LEAVING AT 6:45PM FROM THE LOBBY

Featuring vocalists Capathia Jenkins and Ryan Shaw in **Aretha: A Tribute** with Aretha Franklin classics such as *Respect, Think, Natural Woman* and many others. (*free tickets to the first 9 to sign up!* Sign up in the teal binder.)

CAPE FEAR HEART WALK AT UNCW CAMPUS FOR THE AMERICAN HEART ASSOCIATION

SATURDAY, OCTOBER 26TH LEAVING AT 9:00AM FROM THE LOBBY

Sponsor a “walker” by making a donation or join our walking team! Sign up in the teal binder.

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

OCTOBER

<p>9:30 Catholic Communion Service/BC /3rd Floor 6</p>	<p>7 9:00-1 RSVT/L 10:30 RSVT-WalMart/L 11:00 Bridge Basics/CR 1:00 Hand & Foot Canasta/CR 2:00 "52 Weeks with Jesus"/CH 3:00 Activity Committee/AS 4:00 Residents for Residents/AS 4:00 DOLLAR BINGO/F 5:15 3rd Floor Happy Hour 7:00 Ping Pong Club/WS 7:00 Movie /F</p>	<p>11:45 Talking Travel: Vegas & National Parks of SW/LH 1:30 Mahjongg/CR 2:00 PART 1: "Gone with the Wind" w/Anne Blackburn/F 3-4 World Vegetarian Day Samples/LH 3:30 Kitchen Tour w/ Mo /PUB 5:00 1st Floor Happy Hour/AS</p> <p>8 11:45 Ladies OUT to Lunch at Blue-water Grill/\$L 1:30 Mahjongg/CR 5:00 1st Floor Happy Hour/AS</p>	<p>9 9:00-1 RSVT/L 10:30 Protestant Worship w/Jack Mills/BC/3rd Floor 1:30 Bridge Club/CR 2:00 PART 2: "Gone with the Wind" w/Anne Blackburn/F 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL</p> <p>9 9:00-1 RSVT/L 10:30 Protestant Worship w/Jack Mills/BC/3rd Floor 1-3 Walser RSVD 1 table/BL 1:30 Bridge Club/CR 3:00 Crepe Paper Flowers: Black Eyed Susan/AS 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL</p>	<p>10 7:30 CB LOSERS CLUB/LH 9:00-3 RSVT /L 10:00 Audiology of Wilmington/CR 10:30 Badminton Club/CY 11:00 Finance Committee/BL 1:00 RSVT-Harris Teeter/L 1:30 Bridge Club/CR 4:00 Operations Meeting/BL 5:30 Morrisons CREOLE THEME BUFFET w/Harold Moore Cooking/DR 7:00 Billiards/BL</p> <p>10 7:30 CB LOSERS CLUB/LH 9:00-3 RSVT/L 10:30 Badminton Club/CY 11:00 Environmental Committee/CR 1:00 RSVT-Harris Teeter/L 1:30 Bridge Club/CR 3:00 Baywatch Meeting/AS 4:00 GB2 Comm. Meet//BL 7:00 Billiards/BL</p>	<p>4 9:00-3 RSVT /L 9:30 Morning Painting/AS 1:30 Journey Through the Bible "Gospel of Luke" with Bob/CH 2:30 Maintenance Committee/BL 3:00 Seated Aerobics/WS 3:30 Line Dancing/WS 4:30 Wine & Cheese Social w/Ray & Jeff on Guitar/LH 7:00 Movie/F 7:45 Friday Bridge/CR</p> <p>11 9:00-3 RSVT/L 9:00 Breakfast : Bagels & Cream Cheese/LH 9:30 Morning Painting/AS 11:30 ALOHA Library/L 1-4 Andre RSVD 2 tables/CR 1:30 Journey Through the Bible "Gospel of Luke" with Bob/CH 2:30 "Floats Fundraiser"/LH 3:00 Seated Aerobics/WS 3:30 Line Dancing/WS 7:00 Movie /F</p>	<p>5 10:30 Chorus Practice/F</p> <p>12 11:30 Trans. To: Met Opera "Turnadot"/\$L</p>
<p>9:30 Catholic Communion Service/BC /3rd Floor 13</p> <p>R4R Boxed Supper/\$LH</p>	<p>14 9:00-1 RSVT/L 10:00 Bible Study w/Beth/CH 10:30 RSVT-WalMart/L 11:00 Bridge Basics/CR 1:30 Book Club/CR 2:00 "52 Weeks with Jesus"/CH 3:00 Wellness Committee Meet/WS 3:00 Caregiver Support Group/CH 4:00 DOLLAR BINGO/F 5:15 3rd Floor Happy Hour 7:00 Ping Pong Club/WS 7:00 Movie/F BAYWATCH SUBMISSIONS DUE</p>	<p>15 11:00 OUTING: Airlie Gardens & Lunch at K-38/\$L 1:30 Mahjongg/CR 3:00 National Fondue Day Fondue Bar with Morrisons/LH 5:00 1st Floor Happy Hour/AS</p>	<p>16 9:00-1 RSVT/L 10-12:00 FLU SHOTS/F 10:30 Protestant Worship w/Jack Mills/BC/3rd Floor 1:30 Bridge Club/CR 2:00 Supply Assembly Line/AS 3:30 Dining Committee/DR 4:00 Travel Happy Hour: Vegas & National Parks of SW//F 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL</p>	<p>17 7:30 CB LOSERS CLUB/LH 9:00-3 RSVT/L 10:30 Badminton Club/CY 11:00 Environmental Committee/CR 1:00 RSVT-Harris Teeter/L 1:30 Bridge Club/CR 3:00 Baywatch Meeting/AS 4:00 GB2 Comm. Meet//BL 7:00 Billiards/BL</p>	<p>18 LAST DAY TO SIGN UP FOR ILM WATER TOUR 8:30 Breakfast Buffet w/Morrison's/\$LH 9:00-3 RSVT/L 9:30 Morning Painting/AS 11:00 Council Committee /CR 1:30 Journey Through the Bible "Gospel of Luke" w/Bob/CH 3:00 How to Live at Carolina Bay/F 4:00 Jay Melind Resident Art Reception/AS 7:00 Movie/F 7:45 Friday Bridge/CR</p>	<p>19 6:45 OUTING: ILM Symphony "Aretha: A Tribute"/L (9 Free Tickets)</p>
<p>9:30 Catholic Communion Service/BC /3rd Floor 20</p> <p>3:00-5:00 "Black & White Spooky Social With Artistry in Jazz Big Band/F</p> 	<p>21 9:00-1 RSVT/L 10:30 RSVT-WalMart/L 11:00 Bridge Basics/CR 1:00 Hand & Foot Canasta/CR 1:30 Book Discussion w/Maggie/AS 2:00 "52 Weeks with Jesus"/CH 4:00 DOLLAR BINGO/F 5:15 3rd Floor Happy Hour 7:00 Ping Pong Club/WS 7:00 Movie /F</p>	<p>22 1:30 Mahjongg/CR 2:00 Tech Tuesday with Zack/F 5:00 1st Floor Happy Hour/AS</p>	<p>23 Last day to sign up for Shuttle 9:00-1 RSVT/L 10:30 Protestant Worship w/Jack Mills/BC/3rd Floor 1:30 Bridge Club/CR 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL</p>	<p>24 7:30 CB LOSERS CLUB/LH 9:00-3 RSVT/L 10:30 Badminton Club/CY 1:00 RSVT-Harris Teeter/L 1:30 Bridge Club/CR 5:15 Trans. to: ILM Water Tours Sunset Cruise w/Live Music/\$L 7:00 Billiards/BL</p>	<p>25 9:00-3 RSVT/L 9:00 Krispy Kreme Donuts/LH 9:30 Morning Painting/AS 1-4 Andre RSVD 2 tables/CR 1:30 Journey Through the Bible "Gospel of Luke" with Bob/CH 3:00 Seated Aerobics/WS 3:30 Line Dancing/WS 7:00 Movie /F November calendars released</p>	<p>26 9:00 OUTING: American Heart Assoc. Walk @ UNCW/L 11:30 Trans. To: Met Opera "Manon"/\$L 2:00 CFMTA Piano Recital/F</p>
<p>27 9:30 Catholic Communion Service/BC /3rd Floor 2:15 Trans. To: "Fiddler on the Roof"/\$L</p>	<p>28 9:00-1 RSVT/L 10:00 Trans. To: Shallotte River Swamp Day/\$L 10:30 RSVT-WalMart/L 11:00 Bridge Basics/CR 2:00 "52 Weeks with Jesus"/CH 3:00 November Sign Up Binder out 4:00 DOLLAR BINGO/F 5:15 3rd Floor Happy Hour 7:00 Ping Pong Club/WS 7:00 Movie /F</p>	<p>29 1:30 Mahjongg/CR 2:00 Halloween Sweet & Savory Treats/AS 4:00 SPEAKER: Dr. Reeves with NHMRC Group Atlantic Urology on Men's Health/F 5:00 1st Floor Happy Hour/AS</p>	<p>30 9:00-1 RSVT/L 10:30 Protestant Worship w/Jack Mills/BC/3rd Floor 10:45 Beltone Hearing Checks/CR 1:30 Bridge Club/CR 2:45 Morrisons Q&A Social/PDR 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL</p>	<p>31 7:30 CB LOSERS CLUB/LH 9:00-3 RSVT/L 10:30 Badminton Club/CY 1:00 RSVT-Harris Teeter/L 1:30 Bridge Club/CR 5:00 HALLOWEEN SOCIAL w/Duke Ladd on Piano/F 7:00 Billiards/BL</p>		