YOUR TICKET, OUR RIDE. TRANSPORTATION PROVIDED TO...

BUY YOUR OWN TICKETS. RESERVE YOUR SEAT ONLY AFTER PURCHASED.

DUCK DONUTS & MOVIE: THE POINTE THEATER TO SEE "CHAPPAQUIDDICK"

WEDNESDAY, MAY 2ND LEAVING AT 3:15PM FROM THE LOBBY \$ (25 SEATS ON THE BUS) WHAT'S DUCK DONUTS? It all began on the sandy beaches of the Outer Banks in Duck, NC. Known for serving made-to-order doughnuts, Duck Donuts allows customers to choose from a variety of topping combinations, from traditional vanilla icing with sprinkles to more adventurous creations like maple icing with bacon.

WHAT'S the movie CHAPPAQUIDDICK? Synopsis: On July 18, 1969, Sen. Ted Kennedy drives his car off of a bridge on Massachusetts' Chappaquiddick Island. The accident results in the death of passenger Mary Jo Kopechne, a 28-year-old campaign strategist who worked for Kennedy. The ongoing investigation into the mysterious and scandalous events forever alters his political legacy -- and ultimately changes the course of presidential history.

THE BIG M CASINO CRUISE, OUT OF LITTLE RIVER, SC

MONDAY, MAY 7th leaving at 8:30AM from the lobby/sheet pulled when bus is full \$10 boarding fee \$13 buffet. Boarding begins at 10am, ship departs at 11am, ship returns to dock at 4:30pm. **OUT FOR DINNER AT "SMOKE ON THE WATER"**

WEDNESDAY, MAY 9th Leaving at 4:45PM from the lobby(25 seats on the bus) Located in one of Wilmington's newest shopping centers, Smoke on the Water overlooks the Cape Fear River, so cross your fingers for a clear night with a beautiful sunset! Menu is in the Reservation Binder. **30TH ANNUAL SPRING SHOW OF CAPE FEAR CHORDSMEN**

SATURDAY, MAY 12th leaving at 2:00pm from the lobby \$ (25 seats on the bus) The 2018 Cape Fear Chordsmen will present their new show at Kenan Auditorium for lovers of Barbershop Harmony. You may think that HORROR and HUMOR don't mix, but that's exactly why "The Phantom of the Barbershop" is a must see show! You will be delighted with the four part harmony tunes shared by the Chordsmen, featured quartet Harmony Grits and Wilmington's Harmony Belles. This show is sure to satisfy your musical thirst for Barbershop harmony! Purchase tickets at the door or see Robin Gugan.

OUT FOR LUNCH AT "BONE AND BEAN"

MONDAY, MAY 14th at 12:00 noon leaving from the lobby (25 seats on the bus) Owned & operated by the same owners as Smoke on the Water and Fork & Cork. You will smell the smoker from a mile away! They smoke the meat and you get to choose what sauce at the table. Menu is in the reservation binder.

UPCOMING PROGRAMS THIS MONTH...

PINOCHLE FOR BEGINNERS

10:30AM ON TUESDAY'S IN THE CARD ROOM MARY PATERSON STUDENT PIANO RECITAL THURSDAY. MAY 3RD AT 6:30PM IN THE FORUM STUDENTS OF KATHY DIX PIANO RECITAL MONDAY, MAY 7TH AT 4:00PM IN THE FORUM "HOW TO WEAR YOUR SCARVES" 33 WAYS TUESDAY, MAY 15th at 11:30am in the art studio

Bring your scarf so you can practice! From designer silk squares to chunky homemade knits, this New York Times bestselling book is filled with inspired ways to style your scarves!

PIANO RECITAL WITH JOANNE RIEZ STUDENTS SATURDAY, MAY 20TH AT 3:00PM IN THE FORUM

TECH TUESDAY WITH ZACK ALAIMO TUESDAY, MAY 29TH AT 2:00PM IN THE FORUM SING-A-LONG WITH SANDY STINSON ON PIANO TUESDAY. MARY 29TH AT 4:00PM IN THE FORUM





630 CAROLINA BAY DR. WILMINGTON, NC 28403

Your lifestyle calendar designed around the 6 aspects of wellness; Purposeful, Spiritual, Physical, Social, Emotional, Intellectual

Shore Things This Month

THE GREAT COURSE EDUCATIONAL SERIES: AMERICAN MILITARY HISTORY: FROM COLONIALS TO COUNTERINSURGENTS'

TUESDAY, MAY IST, 8TH, 15TH & 22ND FROM 4:00-5:30PM IN THE FORUM First in his class at West Point, Wesley Clark took enemy fire while leading an Army patrol during the Vietnam War and was evacuated from the battlefield on a stretcher. But his career did not end with a Purple Heart and a Silver Star. It was only the beginning of a lifelong campaign that culminated as Supreme Allied Commander Europe and a surgical military victory in Kosovo. PLEASE RETURN GUIDEBOOKS AFTER EACH SESSION. HONORING ALL MOTHER'S WITH ENTERTAINMENT BY RAY AND JEFF

FRIDAY, MAY 11TH AT 5:00PM IN THE COURTYARD/LIGHTHOUSE MARKET (WEATHER PERMITTING) Join with neighbors & friends to kick back and relax, you deserve it! Complimentary flower for all mothers, and mother figures. But everyone is welcome to a complimentary glass of champagne, wine, beer or lemonade! Light snacks on the table.

DISCUSSION OF "THE WRITE STUFF" WITH BEV HAEDRICH

WEDNESDAY. MAY 16TH AT 2:00PM IN THE ART STUDIO We'll delve into our sacred memory files to see what surfaces. You may be surprised! We may find ourselves re-living good times, and maybe some that weren't. Have no fear, you are not alone. One thing is for sure, with hundred of prompts neatly organized in Bev's treasure chest of ideas, it's pretty much guaranteed that we'll b sharing "The Write Stuff" soon! Bev Haedrich, your facilitator, finds joy in writing and listening to others stories. Join us for some critical thinking and sharing!

NEW ENTERTAINER: GENE GREGORY ON GUITAR & ROOT BEER FLOAT SOCIAL

MONDAY, MAY 21ST AT 4:00PM IN THE COURTYARD/LIGHTHOUSE MARKET(WEATHER PERMITTING) Straight from the coast of North Carolina and beyond comes the acoustic music of Gene Gregory. Recently named, 'Our favorite Carolina crooner', Gene plays originals and covers ranging from Tom Petty to Chris Stapleton from Prince to Dolly Parton. You may have even seen him on the HBO series, 'Eastbound and Down'. You don't want to miss this one!

Out On The Town

WILMINGTON JEWISH FILM FESTIVAL "HUMOR ME"

SATURDAY, MAY 5TH LEAVING AT 6:15PM FROM THE LOBBY (8 FREE TICKETS) (Comedy, English, 93 minutes) A once-acclaimed New York playwright is struggling to finish his new play when his wife leaves him, taking their son. Desolate, broke and unable to pay the rent, Nate begrudgingly moves in with his widowed father, (Elliott Gould), in his New Jersey retirement golf community. THALIAN ASSOCIATION DRESS REHEARSAL OF "SWEET CHARITY" THURSDAY, MAY 17, LEAVING AT 6:45PM FROM THE LOBBY (25 SEATS ON THE BUS) Based on the Fellini film Nights of Cabiria, the musical tells the story of Charity Hope Valentine, a taxi dancer with a heart of gold but a will of tin foil. Though she dreams of meeting the right man and settling down, she keeps lavishing her affections on losers. Her luck starts to change when she meets a suave Italian movie star, but things really start to look rosy when she runs into a nebbishy but sweet guy in a night-school elevator. WWII REMEMBERED PROGRAM "HOLLYWOOD STARS IN WWII" WITH HERMAN STANCIL WEDNESDAY, MAY 23, LEAVING AT 9:00AM FROM THE LOBBY (25 SEATS ON THE BUS) Herman Stancill will present the stories and biographies of many Hollywood Stars who directly participated in WWII. I think you'll be surprised at who and how many of the stars you saw on the screen were actually there in the middle of WWII.

Sunday	Monday	Tuesday	Wednesday	Thursday
		BAYWATCH #9 RELEASED 1 10:30 Pinochle for Beginners/ CR 1:00 Mahjongg/CR 3:30 Kitchen Tour with Mo/PUB 4:00 Educational Series: Ameri- can Military History/F 5:00 1st Floor Happy Hour/AS	9:00-1 RSVT Transportation/L 2 10:30 Protestant Service/BC 1:30 Bridge Club/CR 3:00 Knit, Stitch, Craft, Chat Meet- ing/L 3:15 Trans. To Duck Donuts & The Pointe Movie Theater/\$L 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL	7:30 CB Loser Club/LH 9:00-3 RSVT & Harris Te ter/L 1:30 Bridge Club/CR 6:30 Mary Paterson Piar Recital/F 7:00 Billiards/BL
WORLD LAUGHTER DAY 6 9:30 Catholic Communion Service/BC	8:00 Trans. To: "The Big M Ca7 sino"/\$L 9:00-1 RSVT-MEDICAL ONLY/L 3:00 "The Quest" study with John Solano/CH 4:00 Piano Recital with Kathy Dix/F 5:15 3rd Floor Happy Hour 7:00 Movie/F	10:30 Pinochle for Beginne CR 1:00 Mahjongg/CR 3:00 Baywatch Meeting/AS 4:00 Educational Series: American Military History/F 5:00 1st Floor Happy Hour/AS	8-5:00 Forum RSVD 9:00-1 RSVT/L 10:30 Protestant Service/BC 11:00 ALOHA Library Monthly Visit/L 1:30 Bridge Club/CR 2:00 Wellness Committee Meeting/ WS 4:45 Trans.To: Dinner @ Smoke on The River/\$L 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL	7:30 CB Loser Club/LH 9:00-3 RSVT & Harris Te ter/L 10:00 Audiology of Wilm ton Monthly Visit/CR 1:30 Bridge Club/CR 4:00 Operations Meeting BL 7:00 Billiards/BL
13 Happy Mother's Day! 9:30 Catholic Communion Service/BC	12:00 OUT TO LUNCH @ BONE & BEAN/\$L 1:00 Hand & Foot/CR 1:30 Book Club/CR 3:00 "The Quest" Study with John Solano/CH	10:30 Pinochle for Beginners CR 11:30 "How to Wear Your Spring Scarves"/CR 1:00 Mahjongg/CR 4:00 Educational Series: American Military History/F 5:00 1st Floor Happy Hour/AS	RAMADAN BEGINS 16 9:00-1 RSVT/L 10:30 Protestant Service/BC 1:30 Bridge Club/CR 2:00 "The Write Stuff" w/Bev/AS 3:00 Knit, Stitch, Craft, Chat Meet- ing/L 3:30 Dining Service Com. Meet./DR 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL	7:30 CB Loser Club/LH 9:00-3 RSVT & Harris Tee 11:00 Environ. Services N CR 1:30 Bridge Club/CR 6:45 OUTING: Thalian Dre Rehearsal of "Sweet Char 7:00 Billiards/BL
20 9:30 Catholic Communion Service/BC 3:00 Piano Recital w/Joanne Riesz/F	9:00-1 RSVT/L 21 3:00 "The Quest" Study with John Solano/CH 4:00 Gene Gregory "Root Beer Floats" Social/CY or LH 5:15 3rd Floor Happy Hour 7:00 Movie/F	NO BEAT TODAY, BALANCE 22 OR AEROBICS 10:30 Pinochle for Beginners/CR 1:00 Mahjongg/CR 3:00 Baywatch Meeting/AS 4:00 Educational Series: American Military History/F 5:00 1st Floor Happy Hour/ AS	9:00-1 RSVT- MEDICAL OR L 9:00 OUTING: WWII Remem- bered Program/L 10:30 Protestant Service/BC 1:30 Bridge Club/CR 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL	RED NOSE DAY JUNE CALENDAR RELEASED 7:30 CB Loser Club/LH 9:00-3 RSVT & Harris Tee L 1:30 Bridge Club/CR 7:00 Billiards/BL
27 9:30 Catholic Communion Service/BC	MEMORIAL DAY 28 9:00-1 RSVT /L 1:00 Hand & Foot/CR 3:00 "The Quest" Study with John Solano/CH 5:15 3rd Floor Happy Hour 7:00 Movie/F JUNE RESERVATION BINDER OUT AT 4PM	10:30 Pinochle for Begin- 29 ners/CR 1:00 Mahjongg/CR 2:00 Tech Tuesday w/Zack/F 4:00 Sing Along w/Sandy Stinson/F 5:00 1st Floor Happy Hour/ AS	National Senior Health & 30 Fitness Day 9:00-1 RSVT/L 10:30 Protestant Service/BC 1:30 Bridge Club/CR 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL	7:30 CB Loser Club/LH 9:00-3 RSVT & Harris Tee L 1:30 Bridge Club/CR 7:00 Billiards/BL

PUB - Cape Fear Pub WL - Wellness Lounge WS - Wellness Studio RG - Resident Garden RSVT = Reserved Transportation In. Act. = Independent

у	Friday	Saturday		
I 3 Tee-	9:00-3 RSVT/L 1:00 Marks Gospel with Bob/ CH 1:30 Jewelry w/Florence/AS 2:00 Maintenance Commit- tee Meeting/CR 3:00 Line Dancing/WS 7:00 Movie/F	5 CINCO DEMAYO KENTUCKY DERBY FREE COMIC BOOK DAY 6:15 OUTING: Jewish Film Festival (9 FREE Tickets)/L		
	7:45pm Bridge/CR			
H 10 Tee- Iming- ing/	9:00-3 RSVT/L 9:00 Breakfast Social: Bagels/LH 1:00 Marks Gospel with Bob/CH 1:30 Jewelry w/Florence/AS 3:00 Line Dancing/WS 5:00 RAY & JEFF MOTHER'S DAY SOCIAL/LH 7:00 Movie/F	STAMP OUT HUNGER DAY 12 2:00 Trans. To: Cape Fear Chordsmen Show /\$L		
17 eeter/L s Mtg/ Dress harity "L	GREEK FESTIVAL WEEKEND 18 9:00–3 RSVT/L 11:00 Resident Council Meeting/ CR 1:00 Marks Gospel with Bob/CH 1:30 Jewelry w/Florence/AS 3:00 How to Live at Carolina Bay Monthly Resident Meeting/F 7:00 Movie/F 7:45pm Bridge/CR	PRINCE HARRY & MEGAN 19 GET MARRIED (COVERAGE @ 7:00AM) FORUM RSVD ALL DAY		
eeter/	9:00-3 RSVT/L 25 9:00 Breakfast Social: Krispy Kreme Donuts/LH 1:00 Marks Gospel with Bob/ CH 1:30 Jewelry w/Florence/AS 3:00 Line Dancing/WS 7:00 Movie/F	26		
31 eeter/		D 1 8		
rum L - Lobby LH - Lighthouse Market PDR - Private Dining Room ent Activity Bold = Reservation Required \$ = Cost on your own				