

## YOUR TICKET, OUR RIDE. TRANSPORTATION PROVIDED TO...

**BUY YOUR OWN TICKETS. RESERVE YOUR SEAT ONLY AFTER PURCHASED.**

### OUT TO THE MOVIES TO SEE “PHANTOM THREAD“

*FRIDAY, MARCH 2ND LEAVING AT 12:15PM FROM THE LOBBY*

At Mayfaire Regal Cinema. Set in 1950's London, Reynolds Woodcock is a renowned dressmaker whose fastidious life is disrupted by a young, strong-willed woman, Alma, who becomes his muse and lover. Rated: R Length: Genre: Drama/Romance. PURCHASE YOUR \$8 TICKET AT THE DOOR. (25 SEATS ON THE BUS)

### NATIONAL THEATER LIVE “CAT ON A HOT TIN ROOF”

*TUESDAY, MARCH 6<sup>TH</sup> LEAVING AT 6:15PM FROM THE LOBBY (\$20 NON-MEMBERS, \$18 MEMBERS OLLI)*

On a steamy night in Mississippi, a Southern family gather at their cotton plantation to celebrate Big Daddy's birthday. The scorching heat is almost as oppressive as the lies they tell. Brick and Maggie dance round the secrets and sexual tensions that threaten to destroy their marriage. With the future of the family at stake, which version of the truth is real – and which will win out? *CALL 910-962-3500 TO PURCHASE YOUR TICKET.* (25 SEATS ON THE BUS)

### METROPOLITAN OPERA LIVE IN HD: “SEMIRAMIDE”

*SATURDAY, MARCH 10<sup>TH</sup>, LEAVING AT 11:45AM FROM THE LOBBY*

Angela Meade makes her Met role debut as the title character in Semiramide. Rossini's opera, which has not been seen at the Met in 25 years, will be conducted by Maurizio Benini and feature Elizabeth DeShong as the Commander of the Assyrian army Arsace, Javier Camarena as an Indian king Idreno, Ildar Abdrazakov as the prince Assur, and Ryan Speedo Green as the high priest Oroe. Purchase your ticket by calling (877) 627-6724. (25 SEATS ON THE BUS)

### HAPPY HOUR OUT TO EAT AT THE ORIGINAL HALLIGAN'S PUBLIC HOUSE

*TUESDAY, MARCH 13<sup>TH</sup> LEAVING AT 5:00PM FROM THE LOBBY (DINNER ON OWN)*

Visiting the original Halligan's Public house, located on Masonboro Loop Road, enjoy authentic Irish dishes from Bangers & Mash to corned beef & cabbage. (25 SEATS AVAILABLE ON THE COACH, YOU MAY MEET US THERE, PLEASE NOTIFY LIFE ENRICHMENT DIRECTOR.)

### METROPOLITAN OPERA LIVE IN HD: “COSI FAN TUTTE”

*SATURDAY, MARCH 3<sup>RD</sup>, LEAVING AT 11:45AM FROM THE LOBBY*

Phelim McDermott returns to the Met staging Mozart's comedy Cosi fan tutte, led by David Robertson. Set in the 1950s on Coney Island, the cast features Amanda Majeski as the conflicted Fiordiligi; Serena Malfi as her sister, Dorabella; Tony Award winner Kelli O'Hara as their feisty maid, Despina; Ben Bliss and Adam Plachetka as the sisters' fiancés, Ferrando and Guglielmo; and Christopher Maltman as the cynical Don Alfonso. You must purchase your ticket by calling (877) 627-6724.. (25 SEATS ON THE BUS)

## UPCOMING PROGRAMS THIS MONTH...

### EXPLORE MARK'S GOSPEL WITH BOB PERRY

*FRIDAYS AT 1:00PM IN THE CHAPEL*

Have you ever sat down and read the entire Gospel According to Mark? Would you like to do that with someone who is not a trained minister, but an enthusiastic lay person? Would you like to learn a little about the historical background that led to the writing of this brilliant piece of biblical literature? If so, come to the Chapel at 1:00pm every Friday and meet with Bob Perry. We will sit for an hour and read and explore the contents of this marvelous work from beginning to end.

### TECH TUESDAY TALK WITH ZACK

*TUESDAY, MARCH 20<sup>TH</sup> AT 2:00PM IN THE FORUM*

His expertise is Apple products, however Zack has been tested with many other technological devices. Please bring your specific questions with you. Others probably are having difficulty with the same thing!

### INSPIRE INTERN LECTURE “THE POWER OF POSITIVE THINKING” WITH

**BAILEY HESTER** *WEDNESDAY, MARCH 21<sup>ST</sup> AT 11:00AM IN THE WELLNESS STUDIO*

When facing an adverse health condition, studies have shown that actively creating positive thoughts and emotions can boost the immune system and counter depression, as well as lower blood pressure, decrease the risk for heart disease and enable better weight control and healthier blood sugar levels. Learning how to create positive thoughts can lead to an overall healthier body state.

### DOCUMENTARY: KITTY HAWK: THE WRIGHT BROTHERS' JOURNEY OF INVENTION

*TUESDAY, MARCH 27<sup>TH</sup> AT 3:00PM IN THE FORUM*

KITTY HAWK definitively documents the gripping tale of hardship, perseverance, and true genius of Orville and Wilbur Wright. Follow the brothers through their epic journey of discovery that culminated in the first successful manned flights. More than three years in the making, KITTY HAWK features hundreds of rare and unpublished photographs, insights from leading Wright experts, and stunning sequences of replica Wright brothers' gliders in flight. Legendary astronauts NEIL ARMSTRONG and JOHN GLENN portray the voices of Orville and Wilbur a fitting tribute from the heroes of space to the pioneers of aviation. (POPCORN AND SODA WILL BE SERVED)



**MARCH  
2018**



LIFE ENRICHMENT CALENDAR OF EVENTS

**630 CAROLINA BAY DR. WILMINGTON, NC 28403**

Your lifestyle calendar designed around the 6 aspects of wellness; *Purposeful, Spiritual, Physical, Social, Emotional, Intellectual*

## Shore Things This Month

### THIRD ANNUAL INTERNATIONAL WOMEN'S DAY “MAD HATTER'S TEA PARTY”

*THURSDAY, MARCH 8<sup>TH</sup> AT 11:30AM IN THE FORUM*

In honor of International Women's Day, let's be ladies and sip some tea! Bring your favorite tea cup with you to be filled with your favorite tea to wash down the crumpets. *(RSVP BY TUESDAY, MARCH 6<sup>TH</sup>, LIMITED TO 40)*

### ST. PATRICK'S DAY THEME SOCIAL, WELCOMING NEWCOMERS & CELEBRATING BIRTHDAYS, WITH RAY AND JEFF DUO ON GUITAR

*THURSDAY, MARCH 15<sup>TH</sup> AT 5:00PM IN THE LIGHTHOUSE MARKET*

Indulge in complimentary green beer while we welcome the newest residents to Carolina Bay as well as celebrate our March babies! All are welcome!

### SPRING CLEANING YARD SALE AND PIZZA FUNDRAISER

*SUNDAY, MARCH 18<sup>TH</sup> BEGINNING AT 1:00PM IN THE FRONT PORTICO*

First come, best deal! Thank you in advance for supporting your communities growth by donating & purchasing our neighbors “oddities!”

### FIRST DAY OF SPRING FRESH BREAKFAST BUFFET SERVED BY YOUR ADMINISTRATION STAFF

*TUESDAY, MARCH 20<sup>TH</sup> FROM 8:30-10:00AM IN THE LIGHTHOUSE MARKET*

Let us serve you the most important meal of the day! The Menu will be delivered to you closer to the day so you know what to look for.

### CONTAINER GARDENING: PLANTING SPRING BLOOMS (BYOC: BRING YOUR OWN CONTAINER)

*THURSDAY, MARCH 29<sup>TH</sup> AT 2:00PM IN THE ART STUDIO*

## Out On The Town

### THALIAN CHILDRENS THEATER DRESS REHEARSAL OF “JUNIE B. JONES THE MUSICAL”

*THURSDAY, MARCH 1<sup>ST</sup> LEAVING AT 6:45PM* (25 SEATS ON THE BUS)

Sneak a peek into the “Top-Secret Personal Beeswax Journal” of the outspoken and lovable Junie B. Jones! Created by Marcy Heisler and Zina Goldrich, the team that brought you Dear Edwina, comes Junie B. Jones, The Musical – a delightful adaptation of four of Barbara Park's best-selling books, brought to life in a genuinely comical (and not strictly-for-kids) musical!

### “KING LEAR” BY THE DRAM TREE SHAKESPEARE GROUP

*SUNDAY, MARCH 11<sup>TH</sup> LEAVING AT 2:15PM FROM THE LOBBY/25 FREE TICKETS & SEATS ON THE BUS*

Dram Tree Shakespeare is dedicated to professional quality production of the plays of William Shakespeare, his contemporaries, and related works. Dram Tree aims to approach these works by combining tradition and innovation to inspire a modern consciousness. In addition, Dram Tree seeks to preserve the value of live Shakespearean performance for future generations through high quality, accessible educational programming. Presented at the McEachern's Warehouse.

### THALIAN ASSOCIATION DRESS REHEARSAL OF “THE BRIDGES OF MADISON COUNTY”

*THURSDAY, MARCH 22<sup>ND</sup> LEAVING AT 6:45PM FROM THE LOBBY* (25 SEATS ON THE BUS)

Based on the best-selling novel, and developed by the Pulitzer- and Tony Award-winning creative team of Jason Robert Brown (The Last Five Years, Parade, Songs for a New World) and Marsha Norman captures America's heartland with the yearning entangled in the eternal question "What if...?" Winner of the 2014 Tony Award for Best Score and Orchestrations, this romance about the roads we travel, the doors we open and the bridges we dare to cross will leave audiences breathless.


### WILMINGTON SYMPHONY POP'S CONCERT FEATURING SPECTRUM: MOTOWN & R&B

*SATURDAY, MARCH 24<sup>TH</sup> LEAVING AT 6:45PM FROM THE LOBBY* (8 FREE TICKETS)

Re-live the musical magic of The Temptations, The Isley Brothers, The Four Tops, Smokey Robinson & the Miracles, The Del-fonics, Sam & Dave, Otis Redding, Marvin Gaye, The O'Jays and the Spinners! Super-group recreating the style and sounds of the greatest Motown, classic soul and R & B groups of the 50's, 60's and 70's. Purchase ticket by calling 910-791-9262.

**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

# MARCH

<p>9:30 Catholic Communion <b>4</b> Service/BC</p> <p>90th ACADEMY AWARDS</p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>5</b> 1:00 Hand &amp; Foot/CR 3:00 "The Quest" study with John Solano/CH 5:00 3rd Floor Happy Hour 7:00 Prize Bingo/CR</p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>6</b> 1:00 Mahjongg/CR <b>3:30 Kitchen Tour with Mo/PUB</b> 5:00 1st Floor Happy Hour/AS <b>6:15 Trans. To "Cat on a Hot Tin Roof", National Theatre Live/\$L</b></p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>7</b> 10:30 Protestant Service/BC <b>1:30 Bridge Club/CR</b> 3:00 Knit, Stitch, Craft, Chat Meeting/L 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL</p>	<p>7:30 CB Loser Club/LH <b>8</b> <b>9:00-1 RSVT Transportation/L</b> 10:00 Audiology of Wilmington Monthly Visit/CR <b>11:30 3rd Annual Mad Hatter Tea Party/F</b> <b>1:30 Bridge Club/CR</b> 7:00 Billiards/BL</p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>9</b> 9:00 Breakfast Social: Bagels &amp; English Muffins/LH 1:00 Bible with Bob/CH 3:00 Line Dancing/WS</p>	<p><b>11:45 Trans. To Met Opera "Semiramide"/\$L</b> <b>10</b></p>
<p>9:30 Catholic Communion <b>11</b> Service/BC <b>2:15 OUTING: "King Lear" at Dram Tree Shakespere/L</b></p>  <p>Time to Spring Ahead</p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>12</b> 10:00 Bible Study/CH 1:30 Book Club/CR 3:00 "The Quest" Study with John Solano/CH 4:00 Activity Committee Meeting/AS 5:00 3rd Floor Happy Hour</p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>13</b> 1:00 Mahjongg/CR 5:00 1st Floor Happy Hour/AS <b>5:00 Happy Hour OUTING: Halligans Public House/L\$</b></p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>14</b> 10:30 Protestant Service/BC 11:00 ALOHA Library Monthly Visit/L 1:30 Bridge Club/CR 2:00 Wellness Committee Meeting/WS 3:00 Baywatch Meeting/AS 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL</p>	<p>7:30 CB Loser Club/LH <b>15</b> <b>9:00-1 RSVT Transportation/L</b> 11:00 Environ. Services Mtg/CR <b>1:30 Bridge Club/CR</b> 4:00 Operations Committee Meeting/BL 5:00 St. Patty's Theme Party w/Ray &amp; Jeff Duo/F 7:00 Billiards/BL</p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>16</b> 11:00 Resident Council Meeting/CR 1:00 Bible with Bob/CH 3:00 How to Live at Carolina Bay Monthly Resident Meeting/F 7:45 PM Bridge/CR</p>	<p><b>Happy St. Patrick's Day!</b> <b>17</b></p>
<p>9:30 Catholic Communion <b>18</b> Service/BC <b>1:00-? SPRING CLEANING YARD SALE &amp; PIZZA PARTY FUNDRAISER</b></p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>19</b> 1:00 Hand &amp; Foot/CR 3:00 "The Quest" Study with John Solano/CH 4:00 Dollar Bingo/F 5:00 3rd Floor Happy Hour</p>	<p><b>First Day of Spring!</b> <b>20</b> <b>8:30-10 CB Staff Serving Breakfast/F</b> <b>9:00-1 RSVT Transportation/L</b> 1:00 Mahjongg/CR 2:00 Tech Tuesday w/Zack/F 5:00 1st Floor Happy Hour/AS</p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>21</b> 10:30 Protestant Service/BC 11:00 INSPIRE Intern Lecture w/Bailey Hester "The Power of Positive Thinking"/WS <b>1:30 Bridge Club/CR</b> 3:00 Knit, Stitch, Craft, Chat Meeting/L 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL</p>	<p>7:30 CB Loser Club/LH <b>22</b> <b>9:00-1 RSVT Transportation/L</b> <b>1:30 Bridge Club/CR</b> <b>6:45 OUTING: Thalian Dress Rehearsal "The Bridges of Madison County"/L</b> 7:00 Billiards/BL</p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>23</b> <b>9:00 Breakfast Social: Hot Krispy Kreme Donuts/LH</b> 1:00 Bible with Bob/CH 1:30 Jewelry w/Florence/AS 3:00 Line Dancing/WS</p>	<p><i>Kiwanis Boys &amp; Girls Club Annual Rummage Sale (Ind. Act)</i> <b>24</b>  <b>6:30 OUTING: Wilmington Symphony POP'S Concert/8 free tix/\$L</b></p>
<p><b>PALM SUNDAY</b> <b>25</b> 9:30 Catholic Communion Service/BC</p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>26</b> 1:00 Hand &amp; Foot/CR 3:00 "The Quest" Study with John Solano/CH 4:00 Dollar Bingo/F 5:00 3rd Floor Happy Hour  <b>April Calendar Released</b></p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>27</b> 1:00 Mahjongg/CR 3:00 Documentary: "Kitty Hawk, The Wright Brothers Journey of Invention"/F 5:00 1st Floor Happy Hour/AS</p>	<p><b>9:00-1 RSVT Transportation/L</b> <b>28</b> 10:30 Protestant Service/BC <b>1:30 Bridge Club/CR</b> 3:00 Baywatch Meeting/AS <b>4:00 APRIL SIGN UP BOOK RELEASED</b> 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL</p>	<p>7:30 CB Loser Club/LH <b>29</b> <b>9:00-1 RSVT Transportation/L</b> <b>1:30 Bridge Club/CR</b> <b>2:00 Container Gardening: Spring Blooms/AS</b> 7:00 Billiards/BL</p>	<p><b>GOOD FRIDAY</b> <b>30</b> <b>Passover Begins at Sunset</b> <b>9:00-1 RSVT Transportation/L</b> 1:00 Bible with Bob/CH 1:30 Jewelry w/Florence/AS 3:00 Line Dancing/WS</p>	<p><b>11:45 Trans. To Met Opera "Cosi Fan Tutte"/\$F</b> <b>31</b></p>